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TRAUMA: NUOVE EVIDENZE E PERCORSI

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Italian  
Resuscitation  
Council

# Prognostication in traumatic cardiac arrest: sappiamo veramente la fine della storia?

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Contents lists available at ScienceDirect

# Resuscitation

journal homepage: [www.elsevier.com/locate/resuscitation](http://www.elsevier.com/locate/resuscitation)



Clinical paper

## EuReCa ONE—27 Nations, ONE Europe, ONE Registry A prospective one month analysis of out-of-hospital cardiac arrest outcomes in 27 countries in Europe<sup>☆</sup>



2016

**Table 2**

Selected summary findings from all countries. Results are presented as overall mean value or percentage of all cases, and median with range of the individual country values. Calculations are based on all cases where CPR was started by EMS or bystander.

	No. of countries	No. of cases	Overall average	Median of country values	Range of country values
Cases with CPR attempted	27	7146	264.7	159	4–1536
Mean age (years)	27	6826	66.5	66.0	58.4–75.6
Male gender (%)	27	7004	66.3	65.7	50.0–90.0
Medical/cardiac cause <sup>a</sup> (%)	27	7146 <sup>a</sup>	91.4	90.1	78.1–100
<b>Traumatic cause (%)</b>	<b>27</b>	<b>7146<sup>a</sup></b>	<b>4.1</b>	<b>3.7</b>	<b>0–16.5</b>
Location: residence (%)	27	7052	69.4	67.1	46.4–79.9
Telephone CPR (%)	21	3439	29.9	30.4	0–100
Collapse witnessed (%)	27	6815	66.1	67.5	37.4–93.5
Bystander CPR (%)	27	6619	47.4	50.0	6.3–78.0
Shockable rhythm (%)	26	6533	22.2	23.6	4.4–50.0
ROSC (%)	27	6963	28.6	30.6	9.1–50.0

<sup>a</sup> Missing or unknown values were considered as medical/cardiac.



2020

Clinical paper

**Survival after out-of-hospital cardiac arrest in Europe - Results of the EuReCa TWO study**




**Table 1 – Patient and system factors: variation across countries.**

	No. of countries	No. of cases	Overall average	Median of country values	Range of country values
Cases with CPR attempted (if CA was confirmed)	28	25,171	899	440	22–3842
Mean age (years)	28	24,687	67.6	67.3	55.8–75.4
Male gender (%)	28	25,078	65.4	65.9	53.4–73.3
Medical/cardiac cause (%)	28	22,927	91.1	91.1	70.0–100
<b>Traumatic cause (%)</b>	<b>28</b>	<b>957</b>	<b>3.9</b>	<b>3.4</b>	<b>0–8.0</b>
Location: residence (%)	28	15,638	70.2	68.9	51.0–81.3
Telephone CPR (%)	24	11,238	53.2	37.3	3.2–87.8
Collapse witnessed (%)	28	15,824	66.6	66.5	50.8–91.8
Bystander CPR (%)*	28	12,445	58.0	57.6	13.0–82.6
Shockable rhythm (%)	28	4,792	20.2	19.2	11.4–36.8
ROSC (%)	28	25,077	32.7	29.7	6.9–43.3





## Prehospital traumatic cardiac arrest: a systematic review and meta-analysis

Niek Johannes Vianen<sup>1</sup> · Esther Maria Maartje Van Lieshout<sup>1</sup> · Iscander Michael Maissan<sup>2</sup> · Wichor Matthijs Bramer<sup>3</sup> · Dennis Den Hartog<sup>1</sup> · Michael Herman Jacob Verhofstad<sup>1</sup> · Mark Gerrit Van Vledder<sup>1</sup> 

**Results** Thirty-six studies involving 51.722 patients were included. Overall mortality for TCA was 96.2% and a favorable neurological outcome was seen in 43.5% of the survivors. Mortality rates were 97.2% in studies including prehospital deaths and 92.3% in studies excluding prehospital deaths. Favorable neurological outcome rates were 35.8% in studies including prehospital deaths and 49.5% in studies excluding prehospital deaths. Mortality rates were 97.6% if no physician was available at the prehospital scene and 93.9% if a physician was available. Favorable neurological outcome rates were 57.0% if a physician was available on scene and 38.0% if no physician was available. Only non-shockable rhythm was associated with a higher mortality (RR 1.12,  $p=0.06$ ).

**Conclusion** Approximately 1 in 20 patients with prehospital TCA will survive; about 40% of survivors have favorable neurological outcome.

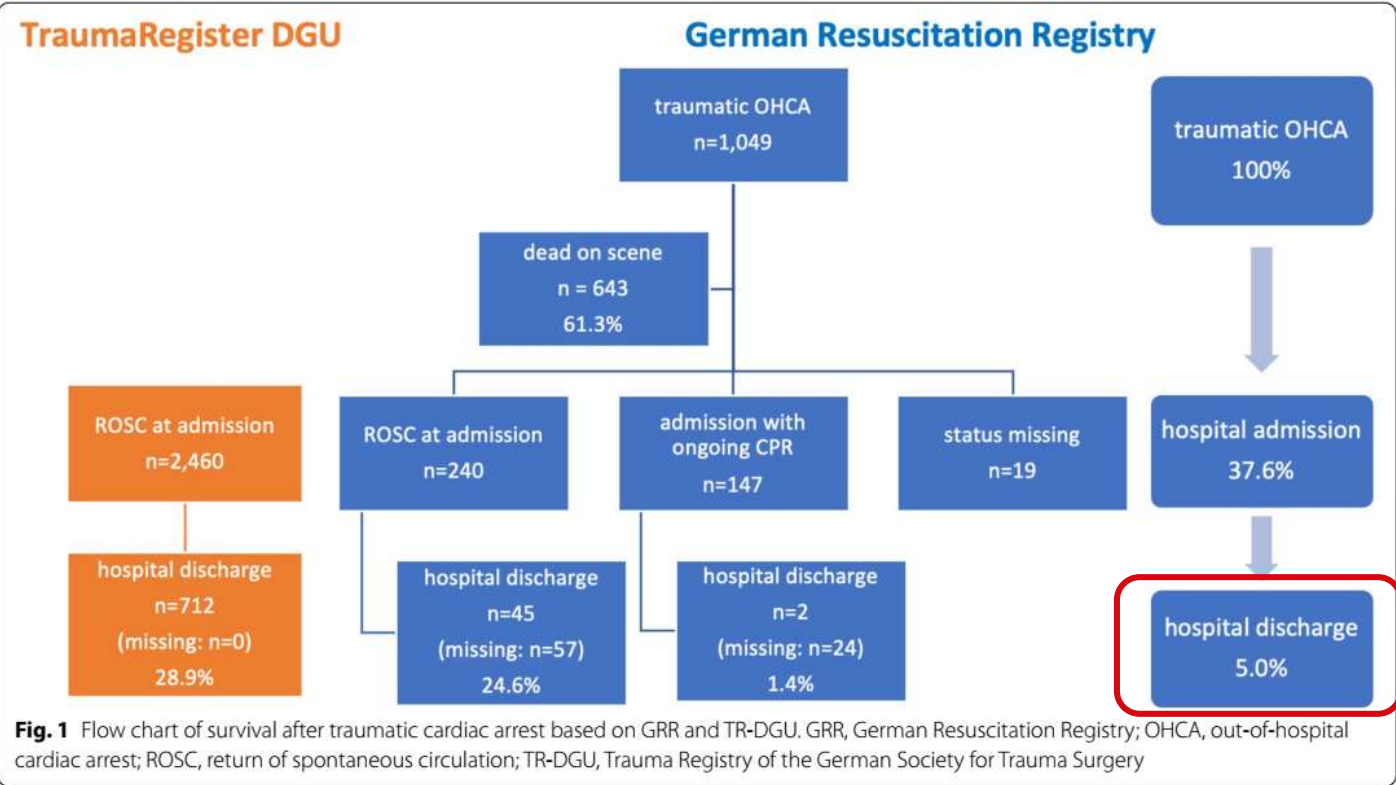


RESEARCH

Open Access

# Survival after traumatic cardiac arrest is possible—a comparison of German patient-registries

Stephan Seewald<sup>1,2\*</sup>, Jan Wnent<sup>1,2,3</sup>, Jan-Thorsten Gräsner<sup>1,2</sup>, Ingvild Tjelmeland<sup>1,4,5</sup>, Matthias Fischer<sup>6</sup>, Andreas Bohn<sup>7,8</sup>, Bertil Bouillon<sup>9</sup>, Holger Maurer<sup>10</sup> and Rolf Lefering<sup>11</sup>



**Fig. 1** Flow chart of survival after traumatic cardiac arrest based on GRR and TR-DGU. GRR, German Resuscitation Registry; OHCA, out-of-hospital cardiac arrest; ROSC, return of spontaneous circulation; TR-DGU, Trauma Registry of the German Society for Trauma Surgery

2021



## Outcomes after Prehospital Traumatic Cardiac Arrest in the Netherlands: a Retrospective Cohort Study



Thymen Houwen<sup>a</sup>, Zar Popal<sup>b</sup>, Marcel A.N. de Bruijn<sup>c</sup>, Anna-Marie R. Leemeyer<sup>a</sup>,  
Joost H. Peters<sup>c</sup>, Maartje Terra<sup>b</sup>, Esther M.M. van Lieshout<sup>a</sup>, Michael H.J. Verhofstad<sup>a</sup>,  
Mark G. van Vledder<sup>a,\*</sup>

**Results:** Nine-hundred-fifteen patients with confirmed TCA were included. ROSC was achieved on-scene in 261 patients (28.5%). **Thirty-six (3.9%) patients survived to hospital discharge of which 17 (47.2%) had a good neurological outcome.** Age < 70 years (0.7% vs. 5.2%;  $p=0.041$ ) and a shockable rhythm on first ECG (OR 0.65 95%CI 0.02-0.28;  $p<0.001$ ) were associated with increased odds of survival.

**Conclusion:** Neurologic intact survival is possible after prehospital traumatic cardiac arrest. Younger patients and patients with a shockable ECG rhythm have higher survival rates after TCA.

**Level of evidence:** prognostic study, level III.





## European Resuscitation Council Guidelines 2021: Cardiac arrest in special circumstances



**SPECIAL CIRCUMSTANCES 2021**

**5 TOP MESSAGES**

**1. CHECK**

- Follow the ABCDE approach
- Take safety measures where needed

**2. TREAT**

- Follow the ALS algorithm
- Minimise no-flow time
- Optimise oxygenation
- Use your resources

**3. PRIORITISE**

- Reversible causes
- 4 Hs
- 4 Ts

**4. MODIFY**

- Modify ALS algorithm
- Special causes
- Special settings
- Special patient groups

**5. CONSIDER**

- Transfer
- ECPR

### Traumatic cardiac arrest (TCA)

- Resuscitation in TCA should focus on the immediate, simultaneous treatment of reversible causes.
- The response to TCA is time critical and success depends on a well-established chain of survival, including focused pre-hospital and specialised trauma centre care.
- TCA (hypovolemic shock, obstructive shock, neurogenic shock) is different from cardiac arrest due to medical causes; this is reflected in the treatment algorithm (Fig. 2).
- Use ultrasound to identify the underlying cause of cardiac arrest and target resuscitative interventions.
- Treating reversible causes simultaneously takes priority over chest compressions. Chest compression must not delay treatment of reversible causes in TCA.
- Control haemorrhage with external pressure, haemostatic gauze, tourniquets and pelvic binder.
- 'Don't pump an empty heart'.
- Resuscitative thoracotomy (RT) has a role in TCA and traumatic peri-arrest.







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# Resuscitation

journal homepage: [www.elsevier.com/locate/resuscitation](http://www.elsevier.com/locate/resuscitation)



EUROPEAN  
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## European Resuscitation Council Guidelines 2021: Cardiac arrest in special circumstances



### **Traumatic cardiac arrest (TCA)**

Traumatic cardiac arrest (TCA) carries a very high mortality, but in those where ROSC can be achieved, **neurological outcome in survivors appears to be much better than in other causes of cardiac arrest.**<sup>28,29</sup> The response to TCA is time-critical and success depends on a well-established chain of survival, including advanced pre-hospital and specialised trauma centre care. Immediate resuscitative efforts in TCA focus on simultaneous treatment of reversible causes, which takes priority over chest compressions.

### *Epidemiology and pathophysiology*

Traumatic cardiac arrest (TCA) carries a high mortality. Registry data for survival range from 1.6% to 32%.<sup>33–37</sup> The considerable variation in reported survival mainly reflects heterogeneity in entry criteria but also in case mix and care in different systems.

In survivors, the neurological outcome appears to be much better than in other causes of cardiac arrest.<sup>26,29,35,37</sup> **The reversible causes of TCA are uncontrolled haemorrhage (48%); tension pneumothorax (13%); asphyxia (13%); pericardial tamponade (10%).**<sup>26</sup> The prevalent initial heart rhythms found in TCA are either PEA or asystole, depending on the time interval between circulatory arrest and the first electrocardiogram (ECG) recording PEA (66%); asystole (30%); VF (6%).<sup>26</sup>

# Post-resuscitation care

- Diagnosis of cause of cardiac arrest
- Control of oxygenation and ventilation
- Coronary reperfusion
- Haemodynamic monitoring and management
- Control of seizures
- Temperature control
- Prognostication
- Long-term outcomes and rehabilitation
- Organ donation

**European Resuscitation Council and European Society of Intensive Care Medicine Guidelines 2021: Post-resuscitation care\***

# WHI prognosticate



To provide  
correct information



To provide  
proportionate care



# Proportionate care

Avoid  
futile treatments



Avoid  
inappropriate  
withdrawal

# Self-fulfilling prophecy

## Risk of bias



# Systematic reviews

Resuscitation 84 (2015) 1310–1323



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Review article

Predictors of poor neurological outcome in adult comatose survivors of cardiac arrest: A systematic review and meta-analysis. **Part 1: Patients not treated with therapeutic hypothermia**<sup>☆</sup>

Claudio Sandroni<sup>a,\*</sup>, Fabio Cavallaro<sup>a</sup>, Clifton W. Callaway<sup>b</sup>, Tommaso Sanna<sup>c</sup>, Sonia D'Arrigo<sup>a</sup>, Michael Kuiper<sup>d</sup>, Giacomo Della Marca<sup>e</sup>, Jerry P. Nolan<sup>f</sup>

Resuscitation 84 (2013) 1324–1338



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Review article

Predictors of poor neurological outcome in adult comatose survivors of cardiac arrest: A systematic review and meta-analysis.

**Part 2: Patients treated with therapeutic hypothermia**<sup>☆</sup>

Claudio Sandroni<sup>a,\*</sup>, Fabio Cavallaro<sup>a</sup>, Clifton W. Callaway<sup>b</sup>, Sonia D'Arrigo<sup>a</sup>, Tommaso Sanna<sup>c</sup>, Michael A. Kuiper<sup>d</sup>, Matteo Biancone<sup>a</sup>, Giacomo Della Marca<sup>e</sup>, Alessio Farcomeni<sup>f</sup>, Jerry P. Nolan<sup>g</sup>



2013



Italian  
Resuscitation  
Council



# Update 2020

## SYSTEMATIC REVIEW

### Prediction of poor neurological outcome in comatose survivors of cardiac arrest: a systematic review



Claudio Sandroni<sup>1,2</sup>, Sonia D'Arrigo<sup>1\*</sup>, Sofia Cacciola<sup>1</sup>, Cornelia W. E. Hoedemaekers<sup>3</sup>, Marlijn J. A. Kamps<sup>4</sup>, Mauro Oddo<sup>5</sup>, Fabio S. Taccone<sup>6</sup>, Arianna Di Rocco<sup>7</sup>, Frederick J. A. Meijer<sup>8</sup>, Erik Westhall<sup>9</sup>, Massimo Antonelli<sup>1,2</sup>, Jasmeet Soar<sup>10</sup>, Jerry P. Nolan<sup>11</sup> and Tobias Cronberg<sup>12</sup>

- January 2013-April 2020
- Adult comatose survivors of cardiac arrest
- 94 included studies
- 30,200 patients

Clinex  
Biomarkers  
Neurophysiology  
Imaging



# Quality assessment



- Most included studies were at moderate/high risk of bias

1) lack of blinding

2) confounding

*Clinical examination*

Author, year	Participation	Attrition	Prognostication	Outcome	Confounding	Statistics	Overall
Admiraal, 2019 [90]	■	■	■	■	■	■	■
Choi, 2017 [91]	■	■	■	■	■	■	■
Chung-Esaki, 2018 [92]	■	■	■	■	■	■	■
De Santis, 2017 [93]	■	■	■	■	■	■	■
Dhaka, 2016 [94]	■	■	■	■	■	■	■
Dragancea, 2015 [95]	■	■	■	■	■	■	■
Fatuzzo, 2018 [96]	■	■	■	■	■	■	■
Greer, 2013 [22]	■	■	■	■	■	■	■
Heimbürger, 2016 [23]	■	■	■	■	■	■	■
Hifumi, 2015 [24]	■	■	■	■	■	■	■
Hofmeijer, 2015 [98]	■	■	■	■	■	■	■
Huntgeburth, 2014	■	■	■	■	■	■	■
Javardin, 2019 [25]	■	■	■	■	■	■	■
Kim, 2013 [100]	■	■	■	■	■	■	■
Kim, 2018 [101]	■	■	■	■	■	■	■
Kongpolprom, 2018 [26]	■	■	■	■	■	■	■
Lee, 2017 [103] (PLR)	■	■	■	■	■	■	■
Lee, 2017 [103] (MR)	■	■	■	■	■	■	■
Lybeck, 2017 [27]	■	■	■	■	■	■	■
Maia, 2013 [104]	■	■	■	■	■	■	■
Martinelli, 2017 [28]	■	■	■	■	■	■	■
Matthews, 2018 [29]	■	■	■	■	■	■	■

# Studies with no or low-risk of bias

- Blinding :

Stammet 2015 on biomarkers

- No WLST:

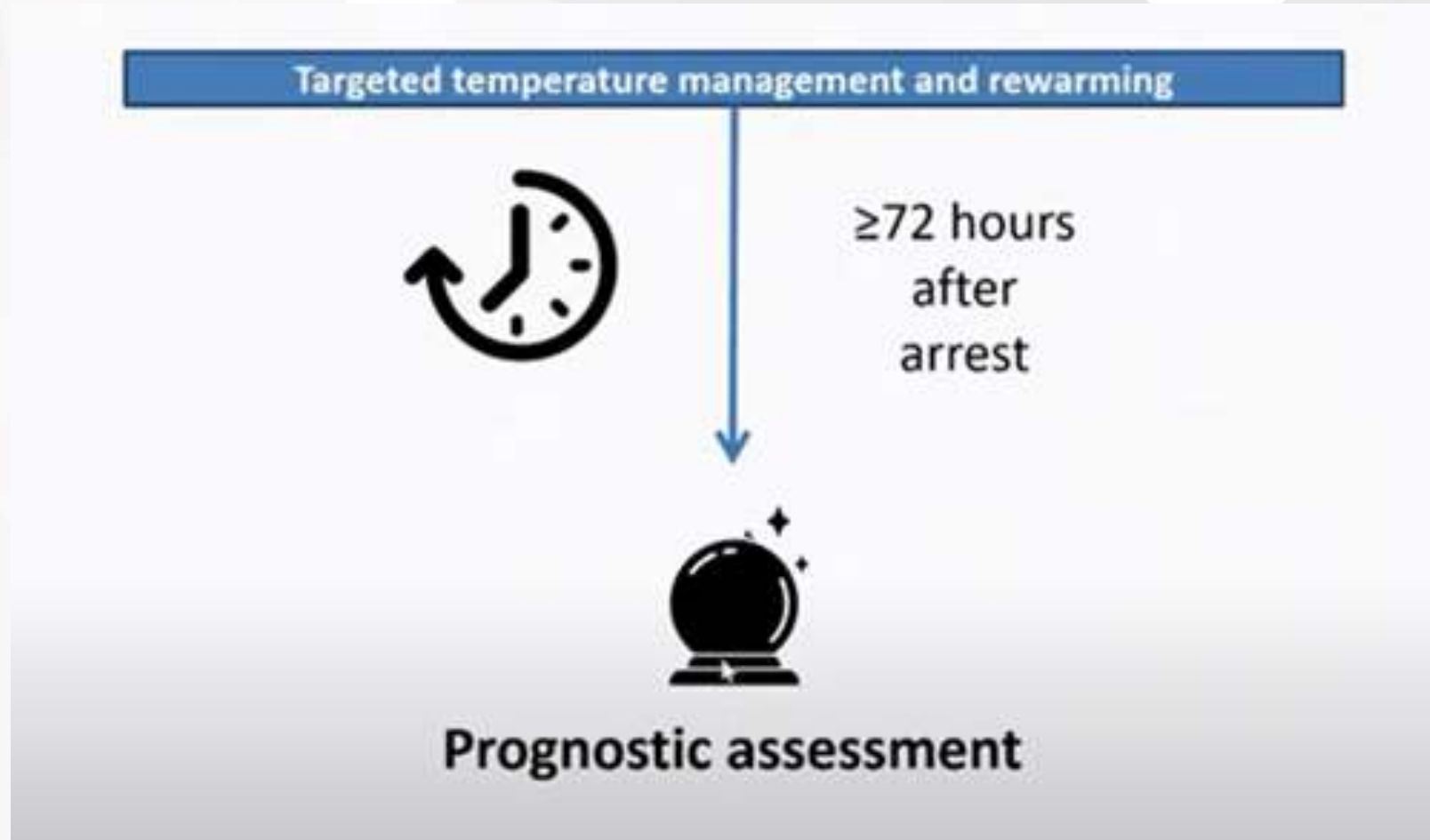
Scarpino 2020 on EEG, SSEP, brain CT

But...

**No predictor is perfect**



# Prognostication: When?

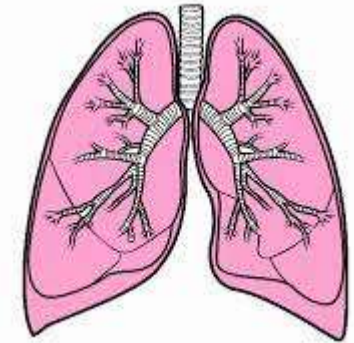
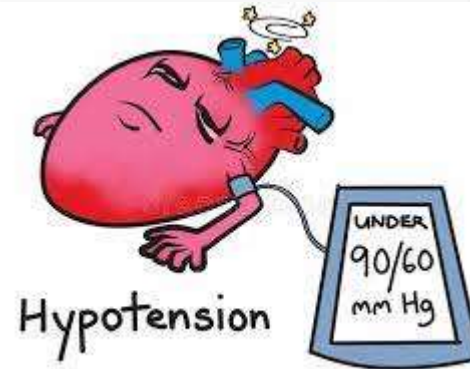
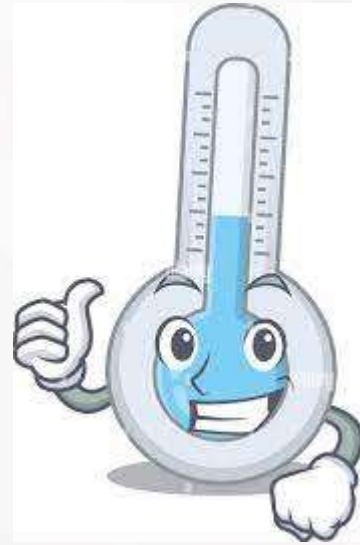
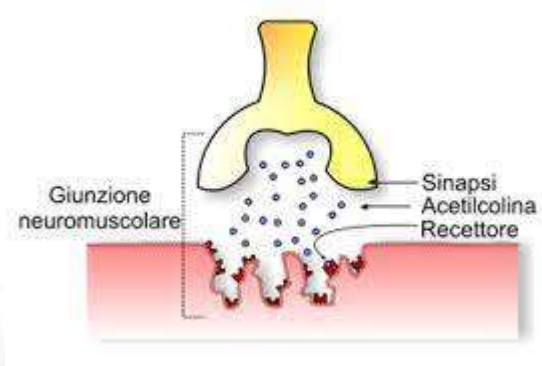


# Start point: Unconscious patient

Targeted temperature management and rewarming  
Unconscious patient,  $M\leq 3$  at  $\geq 72h$  without confounders <sup>(1)</sup>

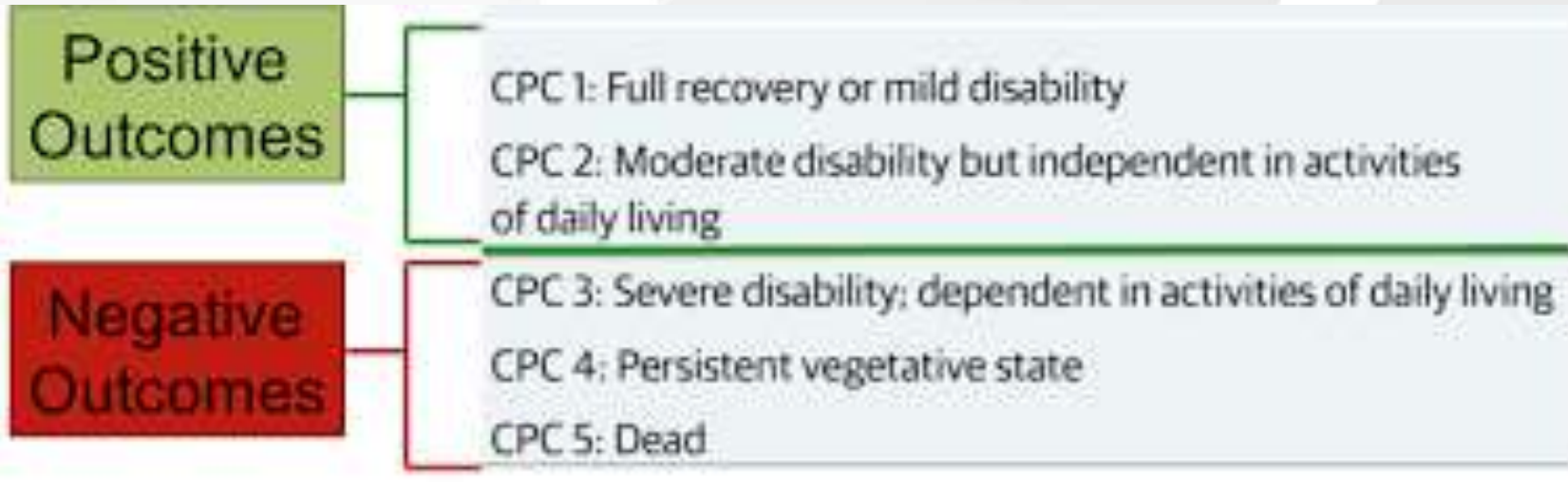


# Confounding






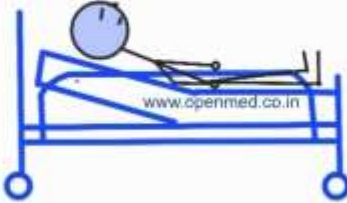



# Cerebral Performance Category (CPC)



## Glasgow Outcome Scale

www.openmed.co.in

5	4	3	2	1
<b>Good recovery</b>	<b>Moderate disability</b>	<b>Severe disability</b>	<b>COMA</b>	<b>Death</b>
<i>Resumption of normal life</i>	<i>Patient independent in daily life.</i>	<i>Patient dependent for daily support</i>	<i>Neurovegetative state; patient unresponsive for weeks or months</i>	
				

Good

Poor

Good

## Modified Rankin Scale (MRS)

- 0 No symptoms
- 1 No significant disability, despite symptoms; able to perform all usual duties and activities
- 2 Slight disability; unable to perform all previous activities but able to look after own affairs without assistance
- 3 Moderate disability; requires some help, but able to walk without assistance

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- 4 Moderately severe disability; unable to walk without assistance and unable to attend to own bodily needs without assistance
- 5 Severe disability; bedridden, incontinent, and requires constant nursing care and attention
- 6 Death

Poor



# Prognostication



TTM and rewarming

Unconscious,  $M \leq 3$  at  $\geq 72$  h without confounders

Poor neurological outcome:  
 $\geq 2$  unfavourable signs



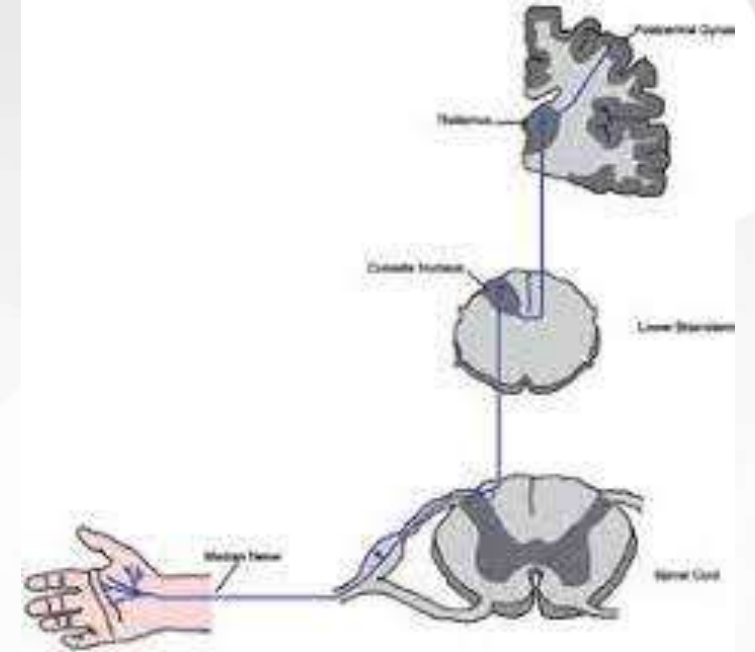
# Prognostication

## TTM and rewarming

Unconscious, M $\leq$ 3 at  $\geq$ 72 h without confounders

At least 2 of:

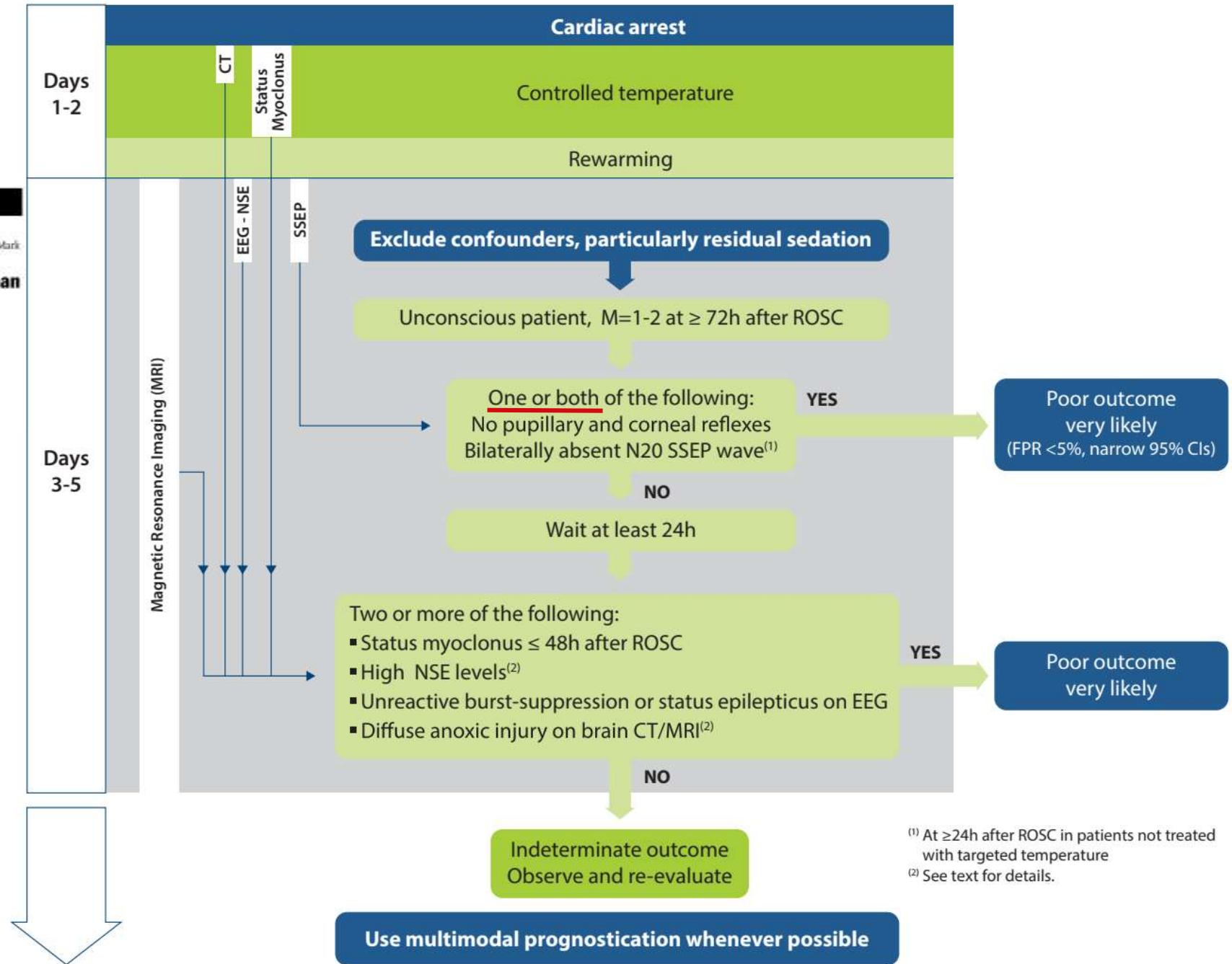
- No pupillary and corneal reflexes at  $\geq$ 72 h
- Bilaterally absent N20 SSEP wave





European Resuscitation Council and European Society of Intensive Care Medicine 2015 guidelines for post-resuscitation care

Jerry P. Nolan  
Jasmeet Soar  
Alain Cariou  
Tobias Cronberg  
Véronique R. M. Moulart  
Charles D. Deakin  
Bernd W. Bottiger  
Hans Friberg  
Kjetil Sunde  
Claudio Sandroni





ORIGINAL

# Quantitative versus standard pupillary light reflex for early prognostication in comatose cardiac arrest patients: an international prospective multicenter double-blinded study

Mauro Oddo<sup>1\*</sup>, Claudio Sandroni<sup>2</sup>, Giuseppe Citerio<sup>3,4</sup>, John-Paul Miroz<sup>1</sup>, Janneke Horn<sup>5</sup>, Malin Rundgren<sup>6</sup>, Alain Cariou<sup>7,8</sup>, Jean-François Payen<sup>9</sup>, Christian Storm<sup>10</sup>, Pascal Stammert<sup>11</sup> and Fabio Silvio Taccone<sup>12</sup>

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456 comatose resuscitated patients

Standard PLR: FPR 6%

Automated pupillometry: FPR 0%

**Table 2 Specificity, sensitivity, positive predictive value, negative predictive value and false-positive rate for unfavorable outcome (CPC 3–5) of the different prognostic tests**

Day after cardiac arrest	Sample size (n)	CPC 3–5 n (%)	Specificity % (95% CI)	Sensitivity % (95% CI)	Positive predictive value % (95% CI)	Negative predictive value % (95% CI)	False-positive rate % (95% CI)
<b>Neurological pupil index (NPI) ≤ 2</b>							
Day 1–3	456	269 (59)	100 (98–100)	32 (27–38)	100 (100–100)	51 (49–53)	0 (0–2) %
Day 1	450	264 (59)	100 (98–100)	22 (17–27)	100 (100–100)	47 (46–49)	0 (0–2) %
Day 2	361	213 (59)	100 (98–100)	19 (14–25)	100 (100–100)	46 (45–48)	0 (0–2) %
Day 3	271	166 (61)	100 (97–100)	17 (12–24)	100 (100–100)	43 (41–44)	0 (0–3) %
<b>Bilaterally absent standard pupillary light reflex (sPLR)</b>							
Day 1	392	225 (57)	90 (85–94)	35 (29–42)	83 (75–89)	51 (48–54)	10 (6–15) %
Day 2	278	163 (59)	90 (84–95)	29 (22–36)	81 (70–89)	47 (44–50)	10 (5–16) %
Day 3	206	128 (62)	94 (86–98)	18 (12–26)	82 (65–92)	41 (39–43)	6 (2–14) %
<b>Bilaterally absent somatosensory evoked potentials (N20 wave)</b>							
Day 2–3	188	133 (71)	100 (94–100)	48 (39–57)	100 (100–100)	44 (40–48)	0 (0–6) %
<b>Combination of NPI ≤ 2 and bilaterally absent somatosensory evoked potentials</b>							
Day 2–3	188	133 (71)	100 (94–100)	58 (49–66)	100 (100–100)	55 (50–59)	0 (0–6) %

CI confidence interval, CPC Cerebral Performance Category



Italian Resuscitation Council

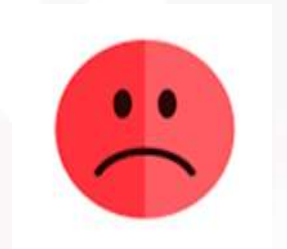
# Prognostication

## TTM and rewarming

Unconscious,  $M \leq 3$  at  $\geq 72$  h without confounders

At least 2 of:

- No pupillary and corneal reflexes at  $\geq 72$
- Bilaterally absent N20 SSEP wave
- **Highly malignant EEG at  $\geq 24$ h**



## INVITED REVIEW

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# American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2012 version

*L. J. Hirsch, S. M. LaRoche, N. Gaspard, E. Gerard, A. Svoronos, S. T. Herman, R. Mani, H. Arif, N. Jette, Y. Minazad, J. F. Kerrigan, P. Vespa, S. Hantus, J. Claassen, G. B. Young, E. So, P. W. Kaplan, M. R. Nuwer, N. B. Fountain, and F. W. Drislane*



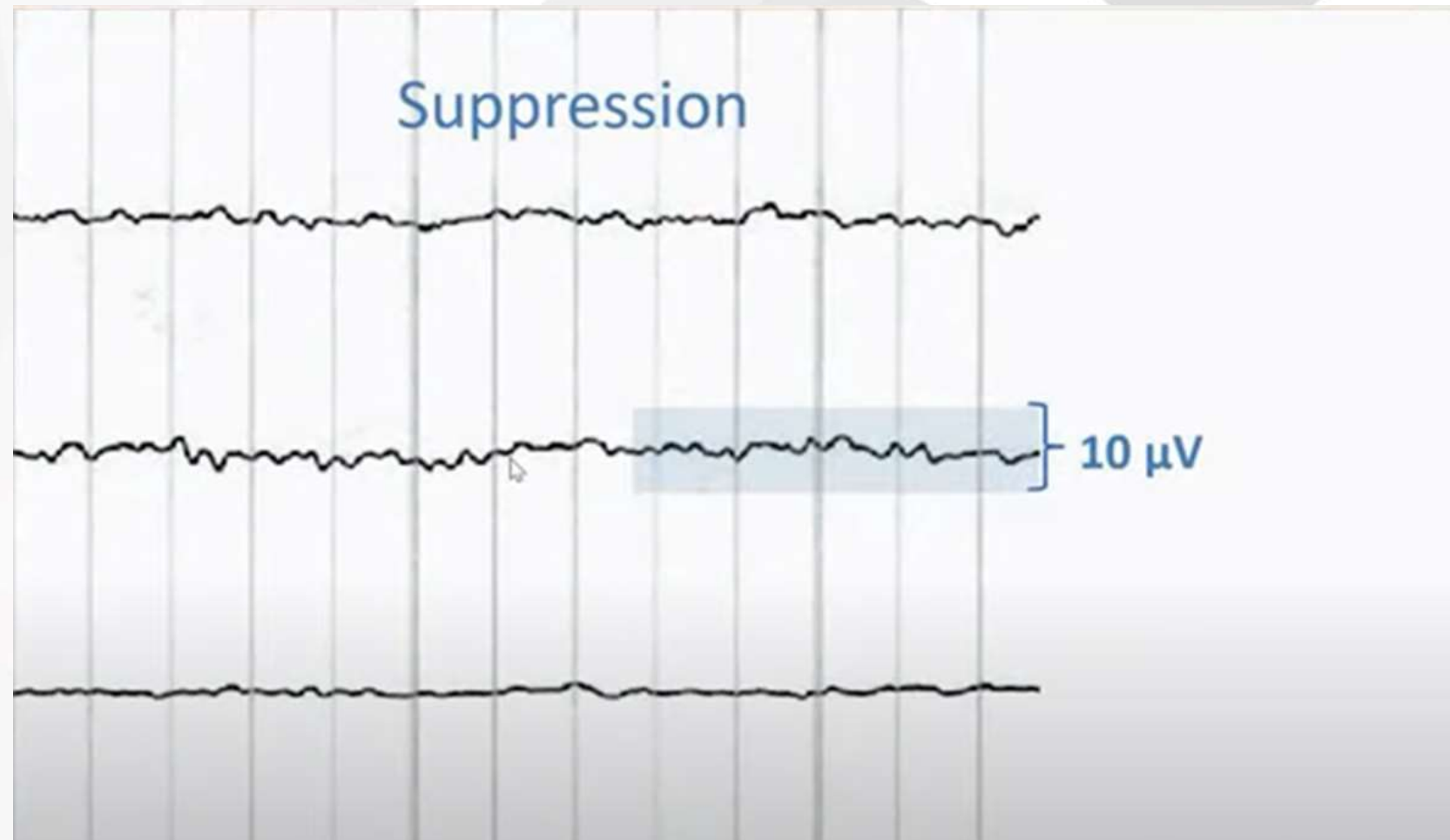
SYSTEMATIC REVIEW

# Prediction of poor neurological outcome in comatose survivors of cardiac arrest: a systematic review



Claudio Sandroni<sup>1,2</sup>, Sonia D'Arrigo<sup>1\*</sup>, Sofia Cacciola<sup>1</sup>, Cornelia W. E. Hoedemaekers<sup>3</sup>, Marlijn J. A. Kamps<sup>4</sup>, Mauro Oddo<sup>5</sup>, Fabio S. Taccone<sup>6</sup>, Arianna Di Rocco<sup>7</sup>, Frederick J. A. Meijer<sup>8</sup>, Erik Westhall<sup>9</sup>, Massimo Antonelli<sup>1,2</sup>, Jasmeet Soar<sup>10</sup>, Jerry P. Nolan<sup>11</sup> and Tobias Cronberg<sup>12</sup>

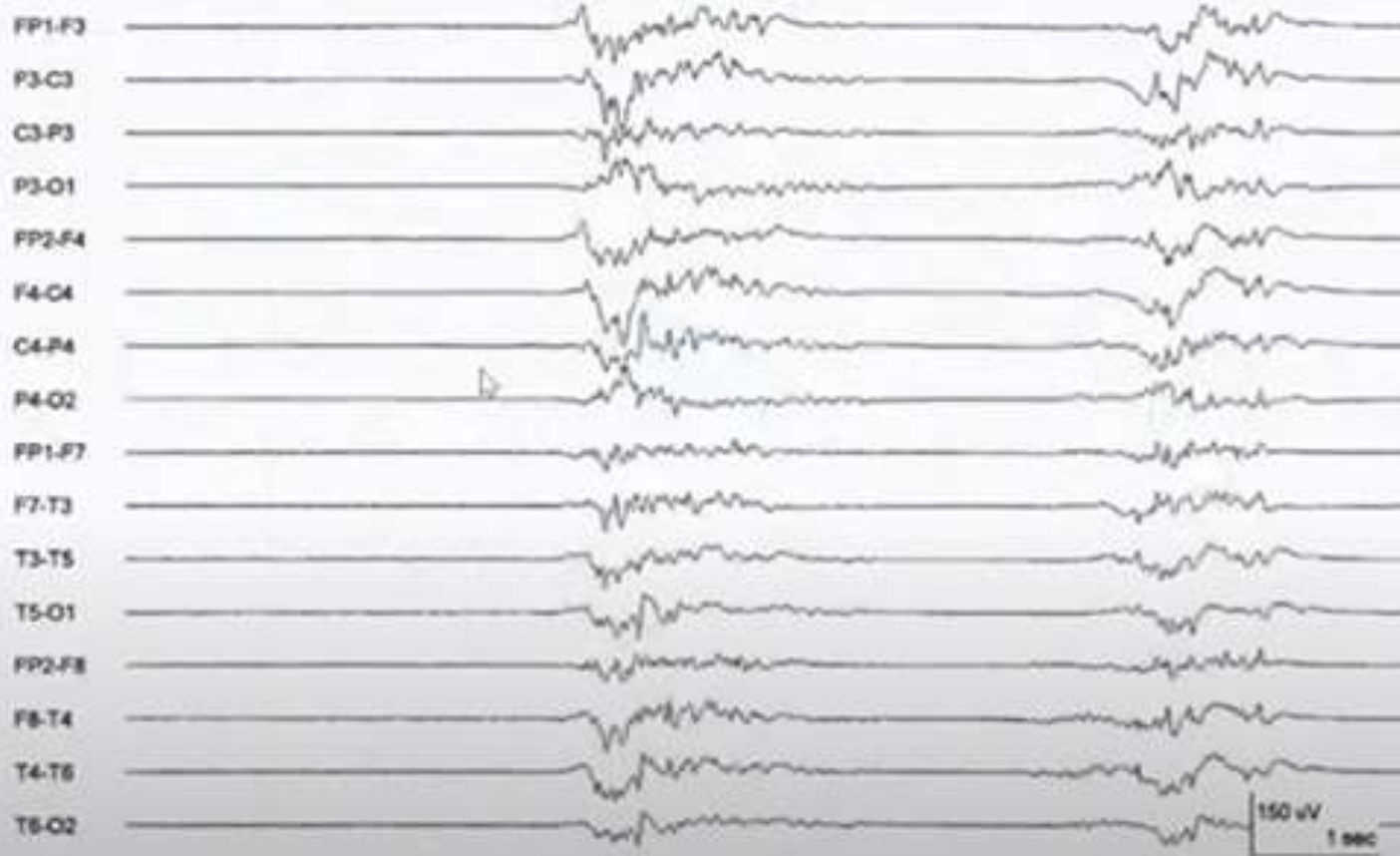
**Highly malignant EEG = suppression ± burst suppression**



## American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2021 Version

Lawrence J. Hirsch<sup>\*</sup>, Michael W.K. Fong<sup>†</sup>, Markus Leitinger<sup>‡</sup>, Suzette M. LaRoche<sup>§</sup>, Sandor

## Burst-suppression



### American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2021 Version

Lawrence J. Hirsch<sup>\*</sup>, Michael W.K. Fong<sup>†</sup>, Markus Leitinger<sup>‡</sup>, Suzette M. LaRoche<sup>§</sup>, Sandor



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# Prognostication

## TTM and rewarming

Unconscious,  $M \leq 3$  at  $\geq 72$  h without confounders

At least 2 of:

- No pupillary and corneal reflexes at  $\geq 72$
- Bilaterally absent N20 SSEP wave
- Highly malignant EEG at  $\geq 24$ h
- **$NSE > 60 \mu\text{g/L}$  at 48h and/or 72h**





**SYSTEMATIC REVIEW**

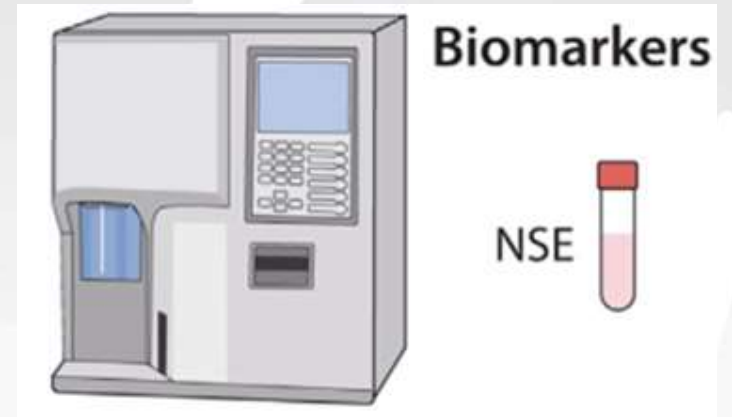
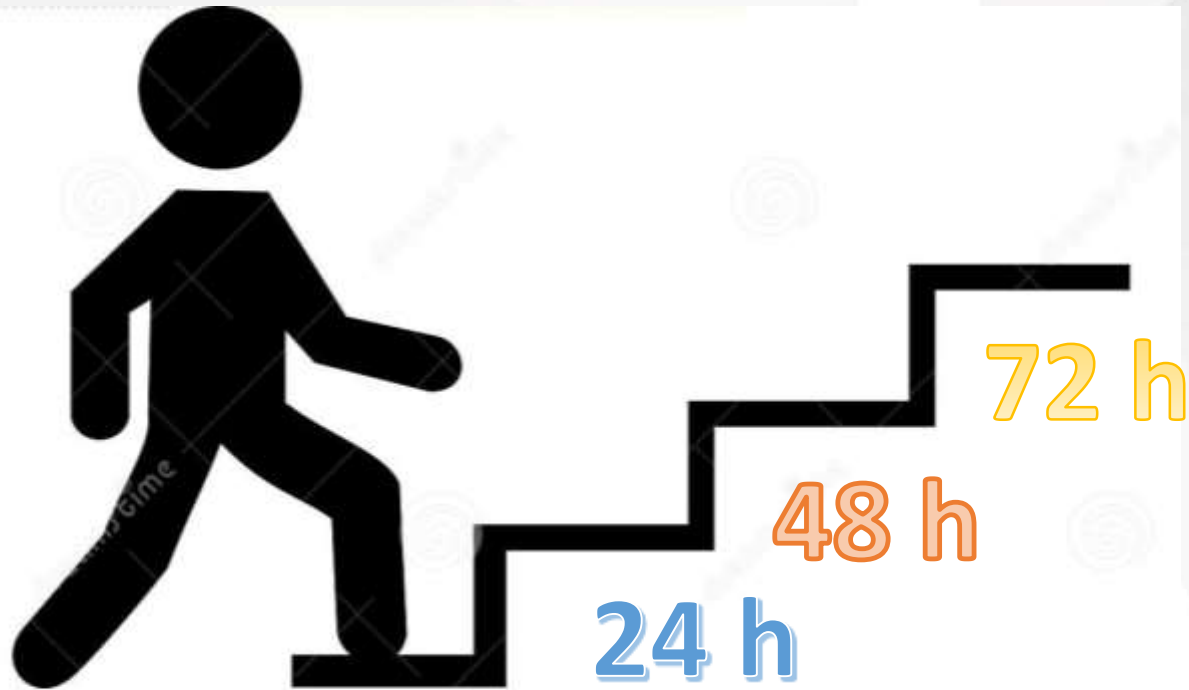


# Prediction of poor neurological outcome in comatose survivors of cardiac arrest: a systematic review

Claudio Sandroni<sup>1,2</sup>, Sonia D'Arrigo<sup>1\*</sup>, Sofia Cacciola<sup>1</sup>, Cornelia W. E. Hoedemaekers<sup>3</sup>, Marlijn J. A. Kamps<sup>4</sup>, Mauro Oddo<sup>5</sup>, Fabio S. Taccone<sup>6</sup>, Arianna Di Rocco<sup>7</sup>, Frederick J. A. Meijer<sup>8</sup>, Erik Westhall<sup>9</sup>, Massimo Antonelli<sup>1,2</sup>, Jasmeet Soar<sup>10</sup>, Jerry P. Nolan<sup>11</sup> and Tobias Cronberg<sup>12</sup>

Author, year	Sample size, n	Threshold value, µg/L	Timing	Timing outcome	TP	FP	FN	TN	Sensitivity % [95% CI]	FPR % [95% CI]
Helwig, 2017 [38]	100	34	48 ± 12 h	1 mo	27	0	34	39	44.3 [31.5–57.6]	0 [0–7.4]
Duez, 2018 [37]	115	45.12	48 h	6 mo	11	0	25	79	30.6 [16.3–48.1]	0 [0–3.7]
Vondrakova, 2017 [47]	153	51.1	48 h	1 mo	14	0	43	96	24.6 [14.1–37.8]	0 [0–3.1]
Lee, 2013 [102]	224	52.7	48 h	HD	50	0	33	141	60.2 [48.9–70.8]	0 [0–2.1]
You, 2019 [48]	34	54.6	48 h	6 mo	13	0	3	18	81.3 [54.4–96]	0 [0–15.3]
Pfeifer, 2014 [42]	139	66.1	48 h	1 mo	46	0	87	6	34.6 [26.6–43.3]	0 [0–39.3]
Nakstad, 2020 [105]	229	87	48 h	6 mo	39	0	69	121	36.1 [27.1–45.9]	0 [0–2.4]
Stammet, 2015 [44]	686	120	48 h	6 mo	91	0	247	348	26.9 [22.3–32]	0 [0–0.9]

# Incremental NSE



# Prognostication

## TTM and rewarming

Unconscious, M<sub>3</sub> at ≥72 h without confounders

At least 2 of:

- No pupillary and corneal reflexes at ≥72
- Bilaterally absent N20 SSEP wave
- Highly malignant EEG at ≥24h
- NSE >60 µg/L at 48h and/or 72h
- **Status myoclonus ≤ 72h**

Continuo, generalizzato e persistente per 30 minuti o più



# Prognostication

## TTM and rewarming

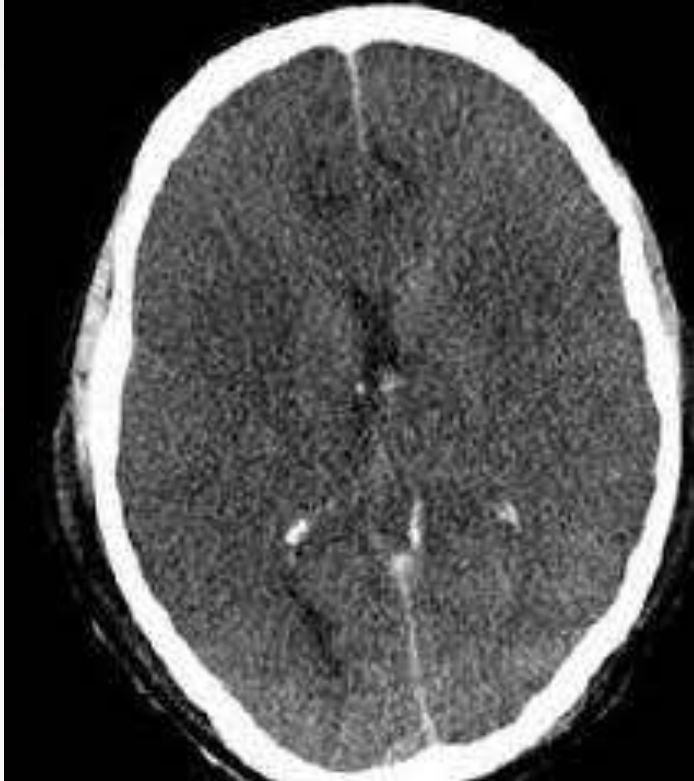
Unconscious,  $M \leq 3$  at  $\geq 72$  h without confounders

At least 2 of:

- No pupillary and corneal reflexes at  $\geq 72$
- Bilaterally absent N20 SSEP wave
- Highly malignant EEG at  $\geq 24$ h
- $NSE > 60 \mu\text{g/L}$  at 48h and/or 72h
- Status myoclonus  $\leq 72$ h
- **Diffuse and extensive anoxic injury on brain CT/MRI**



# Diffuse and extensive anoxic injury on brain CT/MRI



Within 7 days

# Prognostication

## TTM and rewarming

Unconscious,  $M \leq 3$  at  $\geq 72$  h without confounders

At least 2 of:

- No pupillary and corneal reflexes at  $\geq 72$
- Bilaterally absent N20 SSEP wave
- Highly malignant EEG at  $\geq 24$ h
- $NSE > 60 \mu\text{g/L}$  at 48h and/or 72h
- Status myoclonus  $\leq 72$ h
- Diffuse and extensive anoxic injury on brain CT/MRI

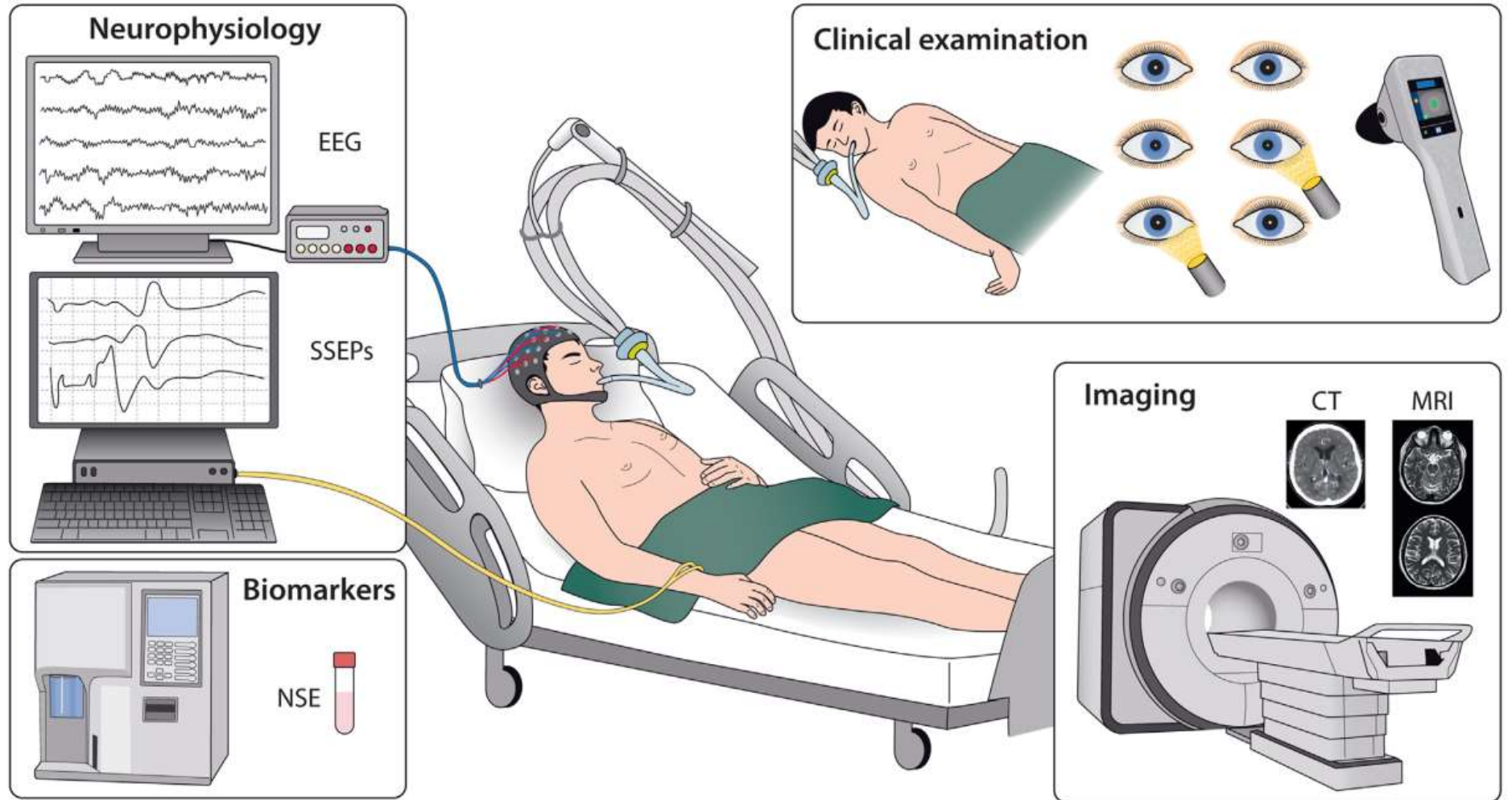
**YES**



Poor  
outcome  
likely

**NO**

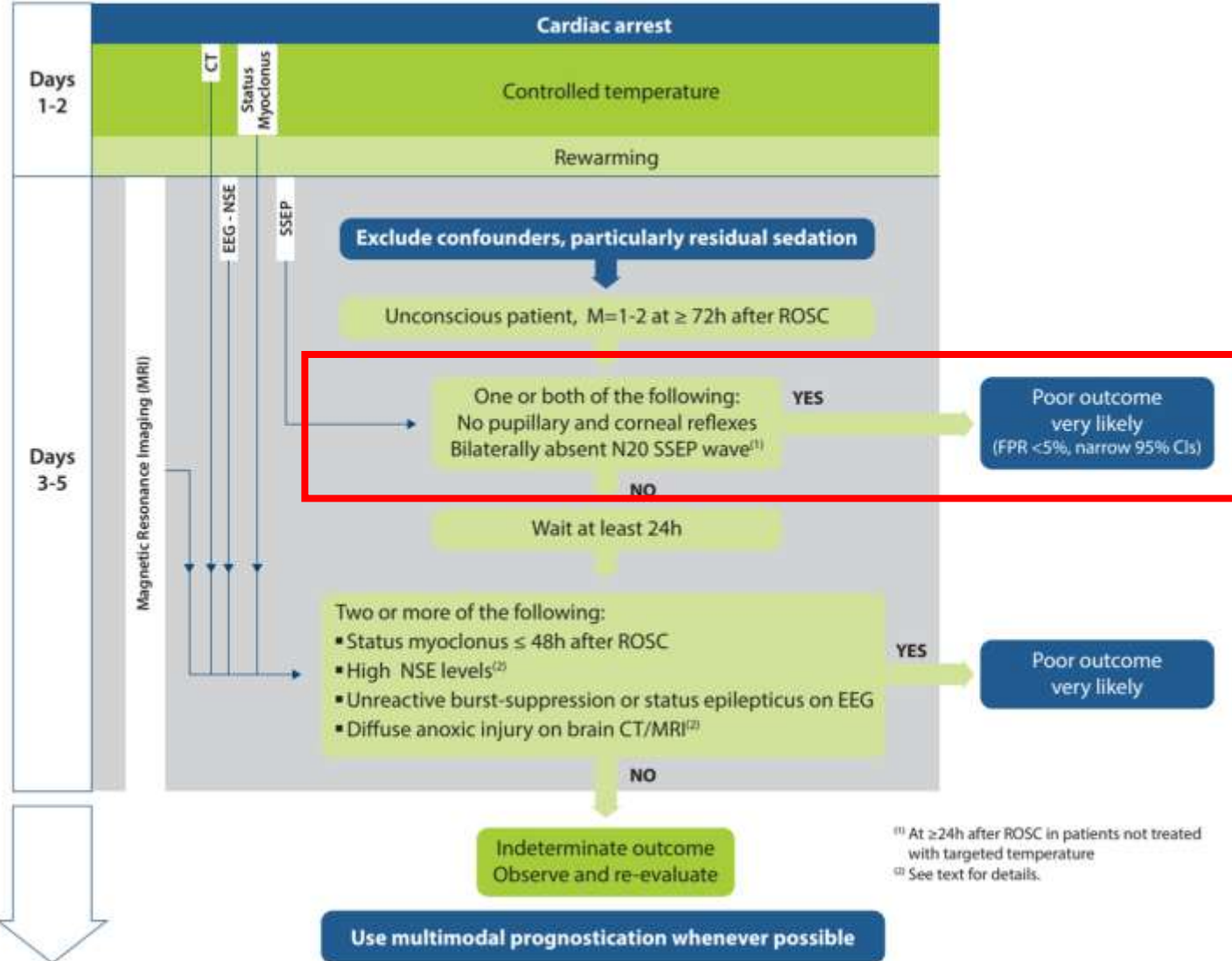
Observe and re-evaluate



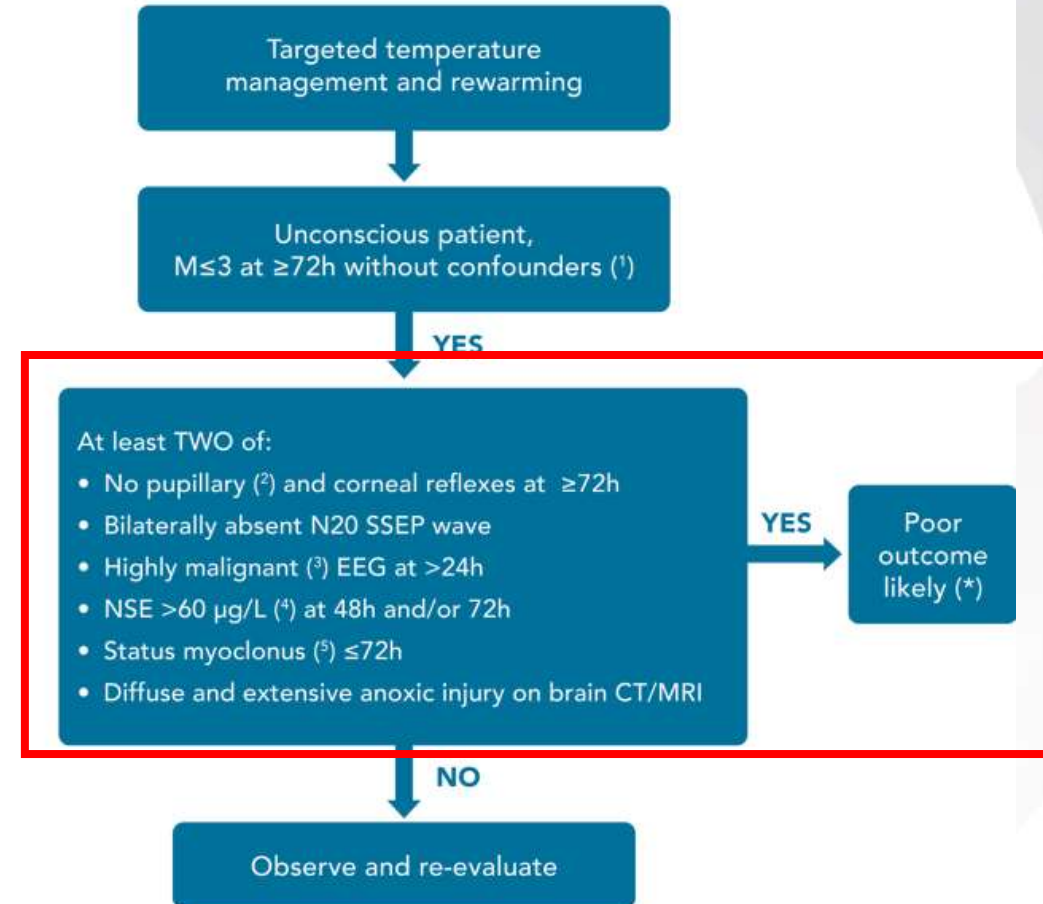
**Fig. 4 - Prognostication modes. EEG electroencephalography; NSE neuron specific enolase; SSEP somatosensory evoked potential.**



# 2015 Guidelines



# 2021 Guidelines





# Good Outcome




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2022

## SYSTEMATIC REVIEW

# Prediction of good neurological outcome in comatose survivors of cardiac arrest: a systematic review



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SYSTEMATIC REVIEW

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# Good Outcome



2022

- Continuous, normal voltage and reactive EEG
- Low/decreasing levels of biomarkers (NSE)
- Normal MRI

# Conclusions

- Multimodal prognostication
- Not only one predictor
- Be careful
- Caution if discordant signals are present

Prognostication

