

# Virtual Reality CPR



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Rimini  
**IRC 2021**  
CONGRESSO  
NAZIONALE  
16-17-18 DICEMBRE  
NUOVE LINEE GUIDA 2021:  
RISPOSTE CARDIOPOLMARI  
POST-LOCKDOWN

# Conflict of Interest



**EUROPEAN  
RESUSCITATION  
COUNCIL**



**EUReCA  
TWO** European Registry  
of Cardiac arrest

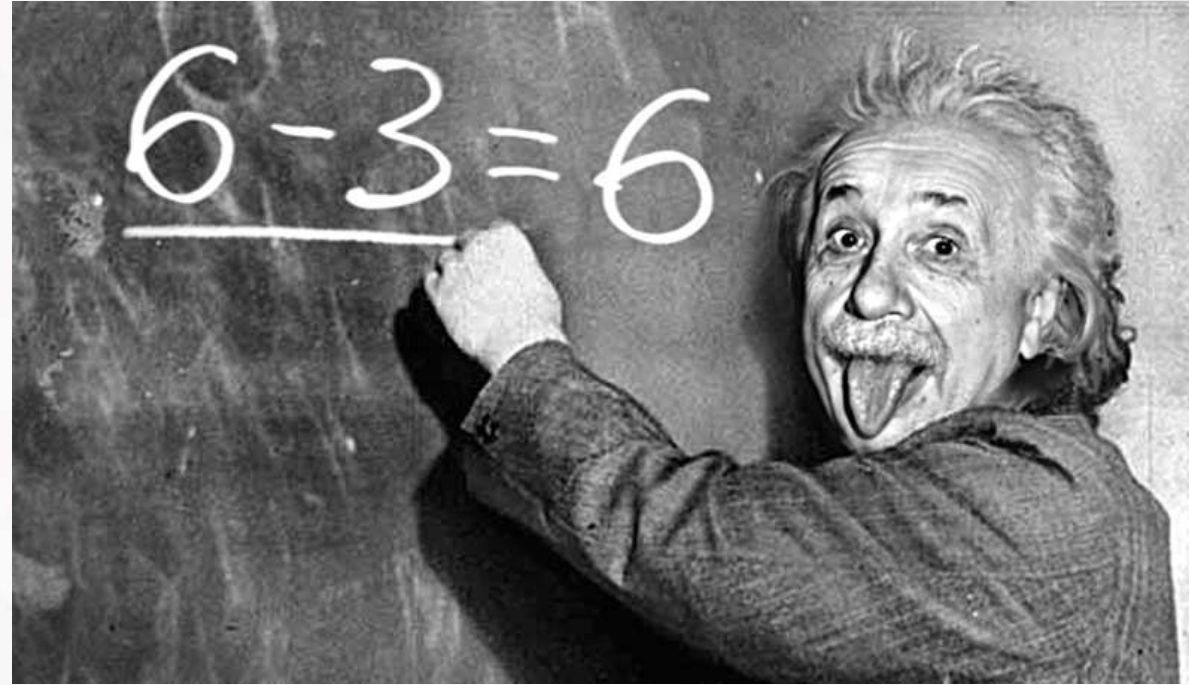


ILCOR Chair Social Media Working Group & BLS Task Force Member  
Chair-Elect European Resuscitation Council  
Kids Save Lives Leader European Resuscitation Council  
EuReCa National Coordinator Italy  
Star Wars & Star Trek addicted



Italian  
Resuscitation  
Council

# Nothing is impossible



"Tutti sanno che una cosa è impossibile da realizzare, finché arriva uno sprovveduto che non lo sa e la inventa."

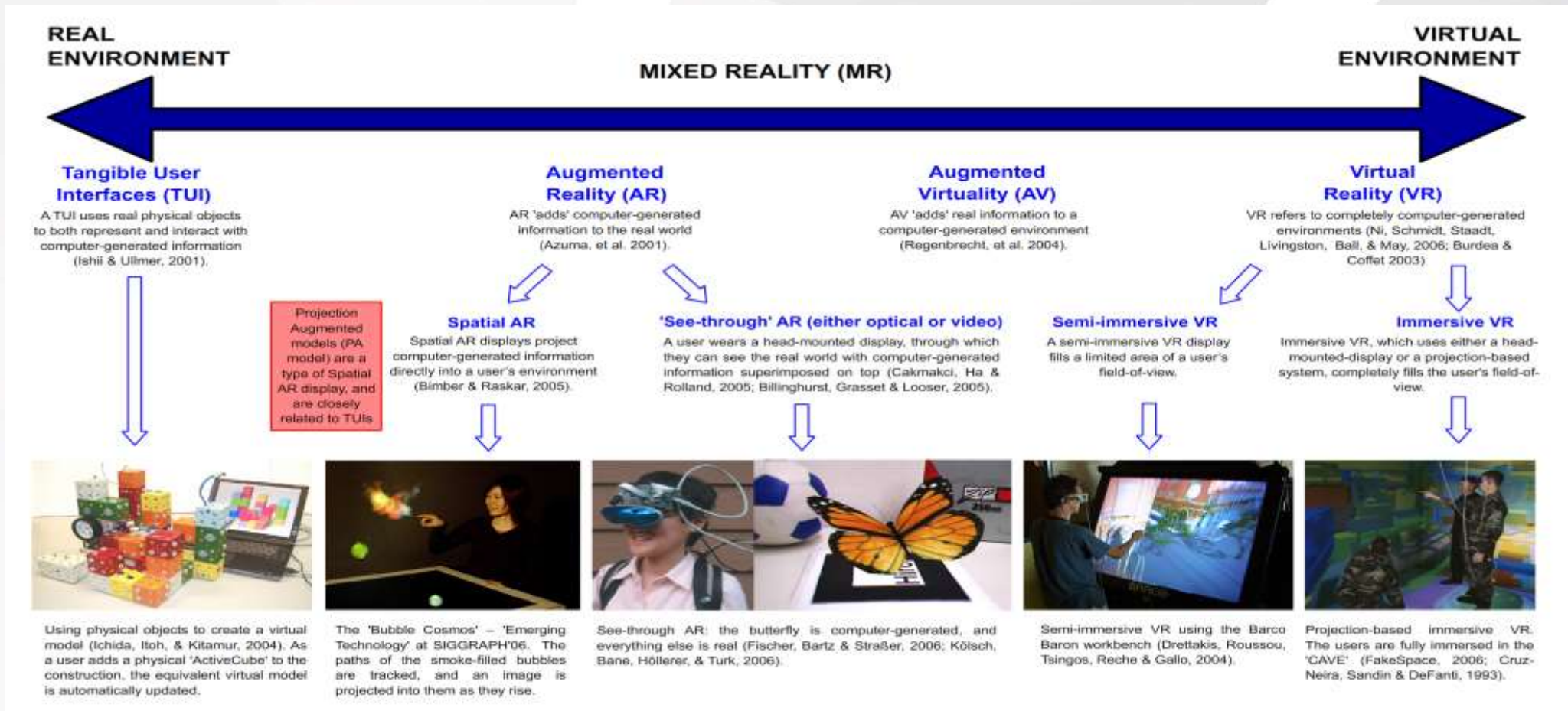


La realtà virtuale è una realtà simulata, un ambiente tridimensionale costruito al computer che può essere esplorato e con cui è possibile interagire usando dispositivi informatici – visori, guanti, auricolari – che proiettano chi li indossa in uno scenario così realistico da sembrare vero.

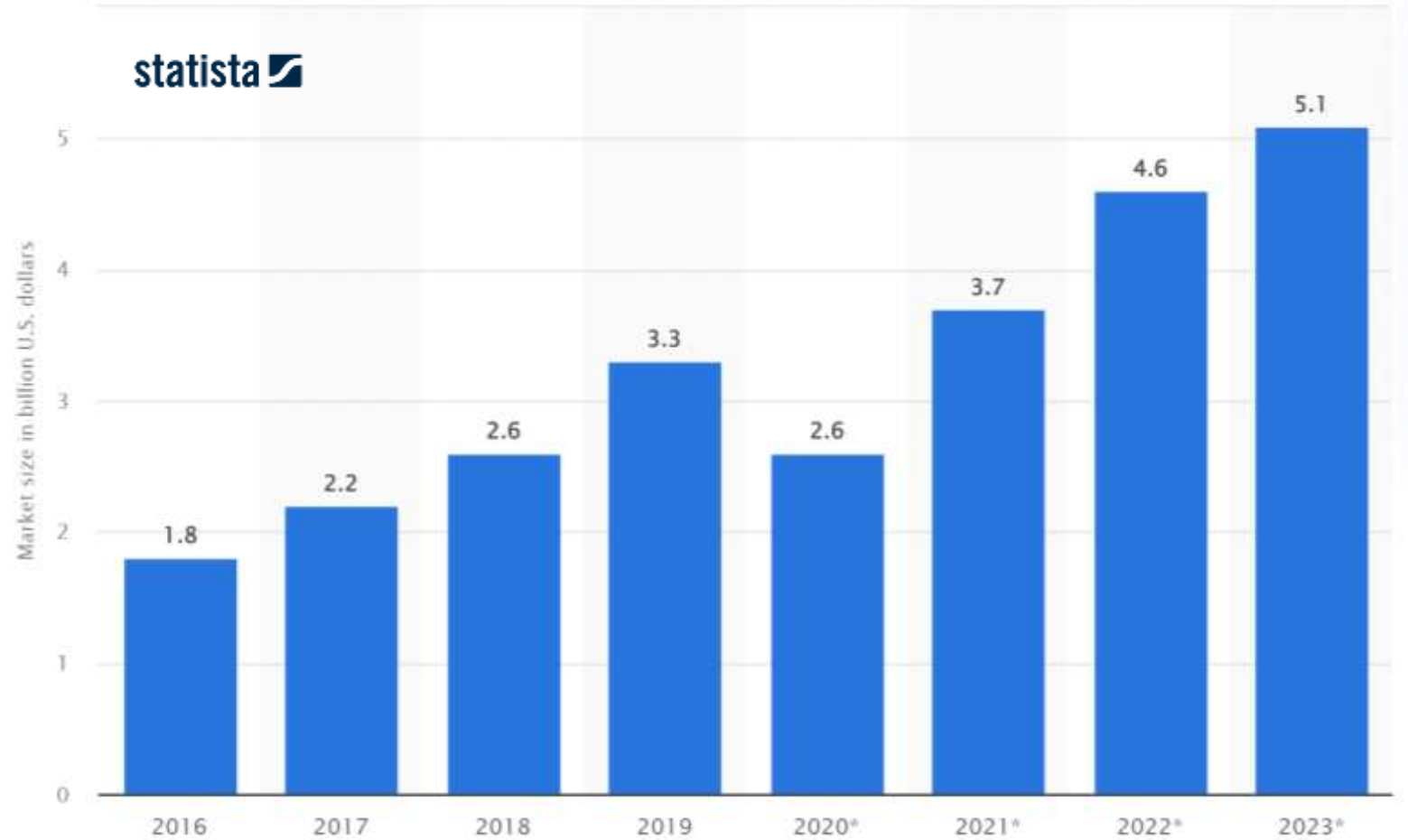


Jaron Lanier, informatico, compositore e saggista statunitense, noto per aver reso popolare la locuzione virtual reality (realtà virtuale, di cui è peraltro considerato un pioniere).

[www.jaronlanier.com](http://www.jaronlanier.com)

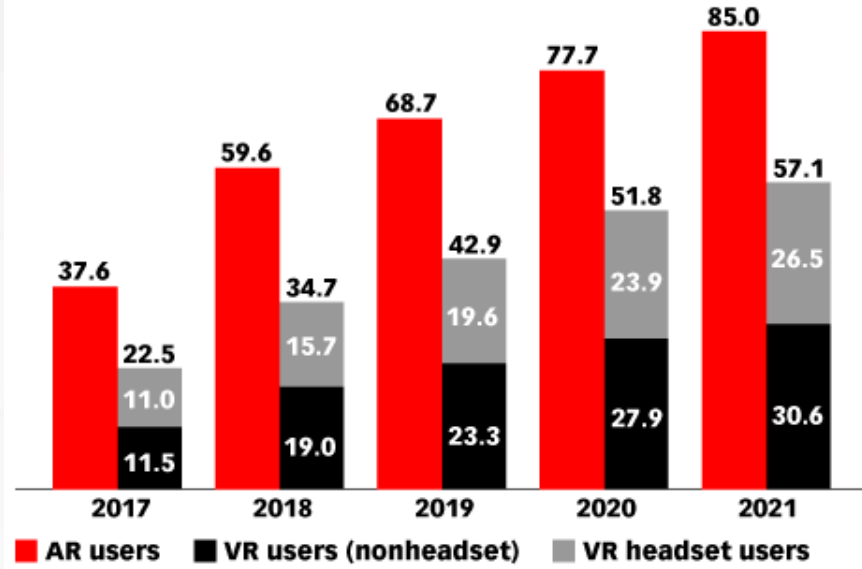


## Consumer virtual reality (VR) hardware and software market revenue worldwide from 2016 to 2023



## US Virtual Reality and Augmented Reality Users, 2017-2021

millions



Note: virtual reality (VR) users are individuals of any age who experience VR content at least once per month via any device; augmented reality (AR) users are individuals of any age who experience AR content at least once per month via any device

Source: eMarketer, March 2019

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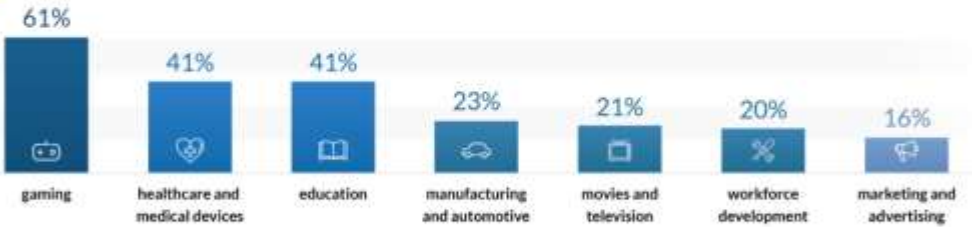
www.eMarketer.com

## 3 Key Virtual Reality Statistics You Must Know

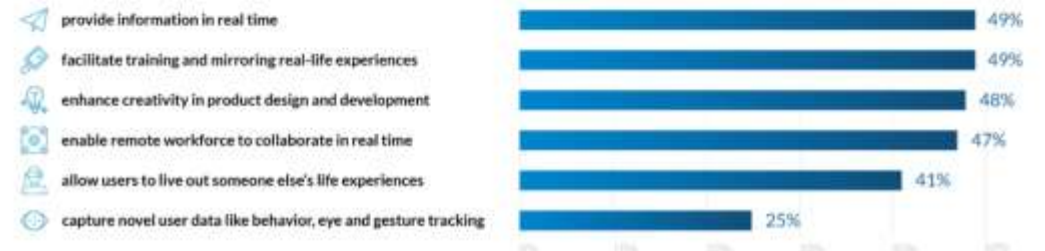
### 1 What are virtual reality's top adoption barriers?



### 2 In which industries is VR most useful?



### 3 What are the top workforce development benefits of VR?







# Virtual Reality Enhanced Mannequin (VREM)

Short communication

Virtual reality enhanced mannequin (VREM) that is well received by resuscitation experts<sup>☆</sup>

Federico Semeraro<sup>a,\*</sup>, Antonio Frisoli<sup>b</sup>, Massimo Bergamasco<sup>b</sup>, Erga L. Cerchiari<sup>a</sup>

<sup>a</sup> Department of Anaesthesia and Intensive Care, Ospedale Maggiore, Bologna, Italy

<sup>b</sup> Percro, Scuola Superiore Sant'Anna, Pisa, Italy

**Summary:** The objective of this study was to test acceptance of, and interest in, a newly developed prototype of virtual reality enhanced mannequin (VREM) on a sample of congress attendees who volunteered to participate in the evaluation session and to respond to a specifically designed questionnaire.

**Methods:** A commercial Laerdal HeartSim 4000 mannequin was developed to integrate virtual reality (VR) technologies with specially developed virtual reality software to increase the immersive perception of emergency scenarios. To evaluate the acceptance of a virtual reality enhanced mannequin (VREM), we presented it to a sample of 39 possible users. Each evaluation session involved one trainee and two instructors with a standardized procedure and scenario: the operator was invited by the instructor to wear the data-gloves and the head mounted display and was briefly introduced to the scope of the simulation. The instructor helped the operator familiarize himself with the environment. After the patient's collapse, the operator was asked to check the patient's clinical conditions and start CPR. Finally, the patient started to recover signs of circulation and the evaluation session was concluded. Each participant was then asked to respond to a questionnaire designed to explore the trainee's perception in the areas of user-friendliness, realism, and interaction/immersion.

**Results:** Overall, the evaluation of the system was very positive, as was the feeling of immersion and realism of the environment and simulation. Overall, 84.6% of the participants judged the virtual reality experience as interesting and believed that its development could be very useful for healthcare training.

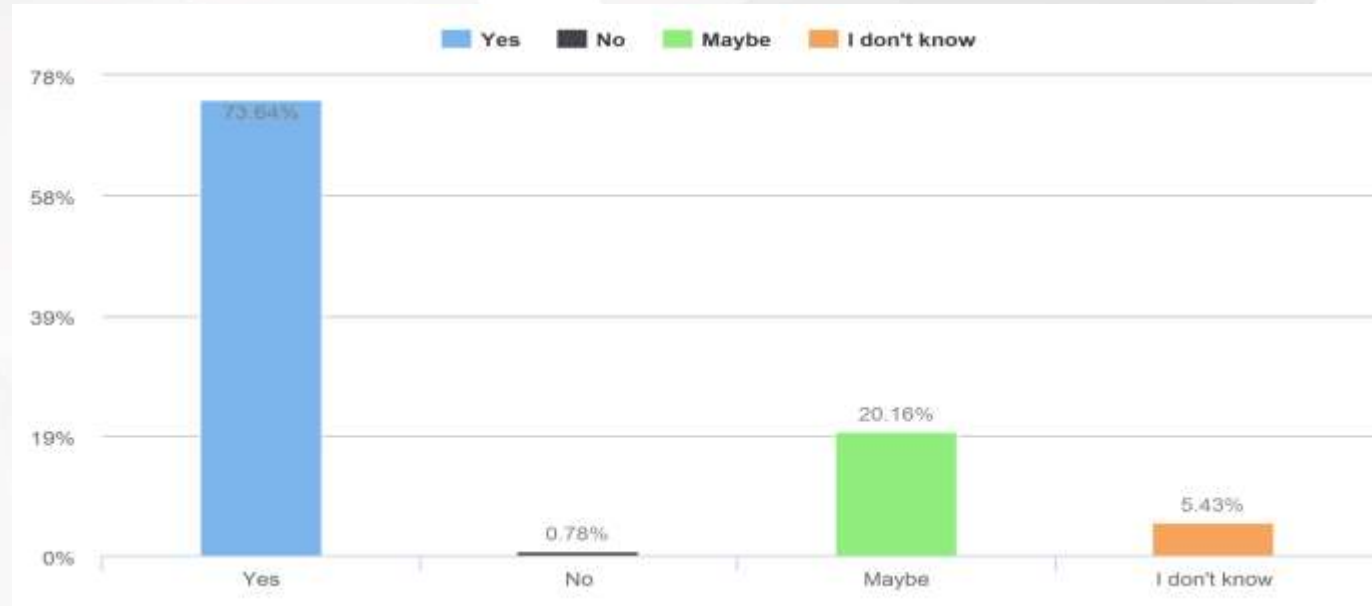
**Conclusions:** The prototype of the virtual reality enhanced mannequin was well-liked, without interference by interaction devices, and deserves full technological development and validation in emergency medical training.

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## Virtual Reality for CPR training: How cool is that? Dedicated to the “next generation”

Do you believe virtual reality could play a role in the future of training?

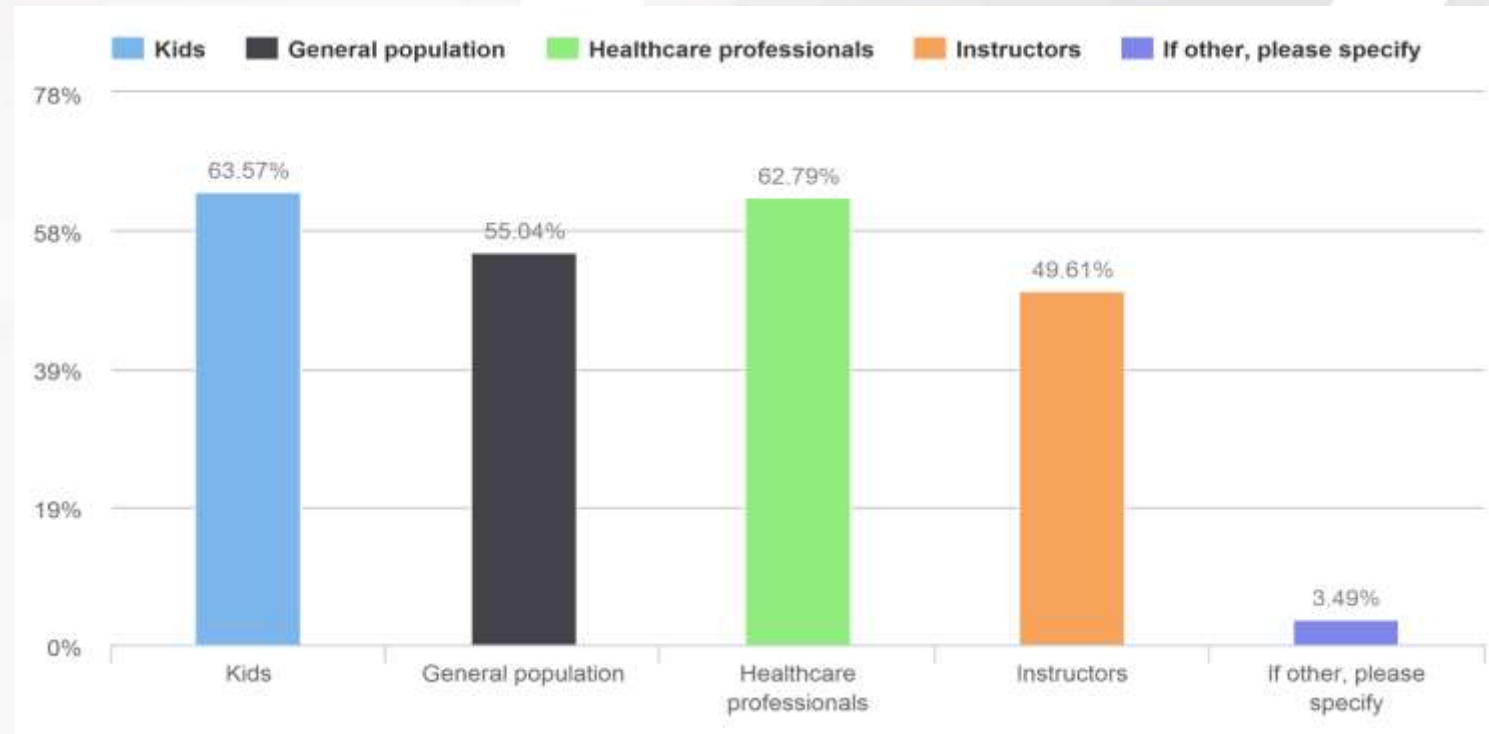


**258 responses from 18 countries**

**Key person in National Resuscitation Council, Educator, Instructors, ERC Research Net Network**

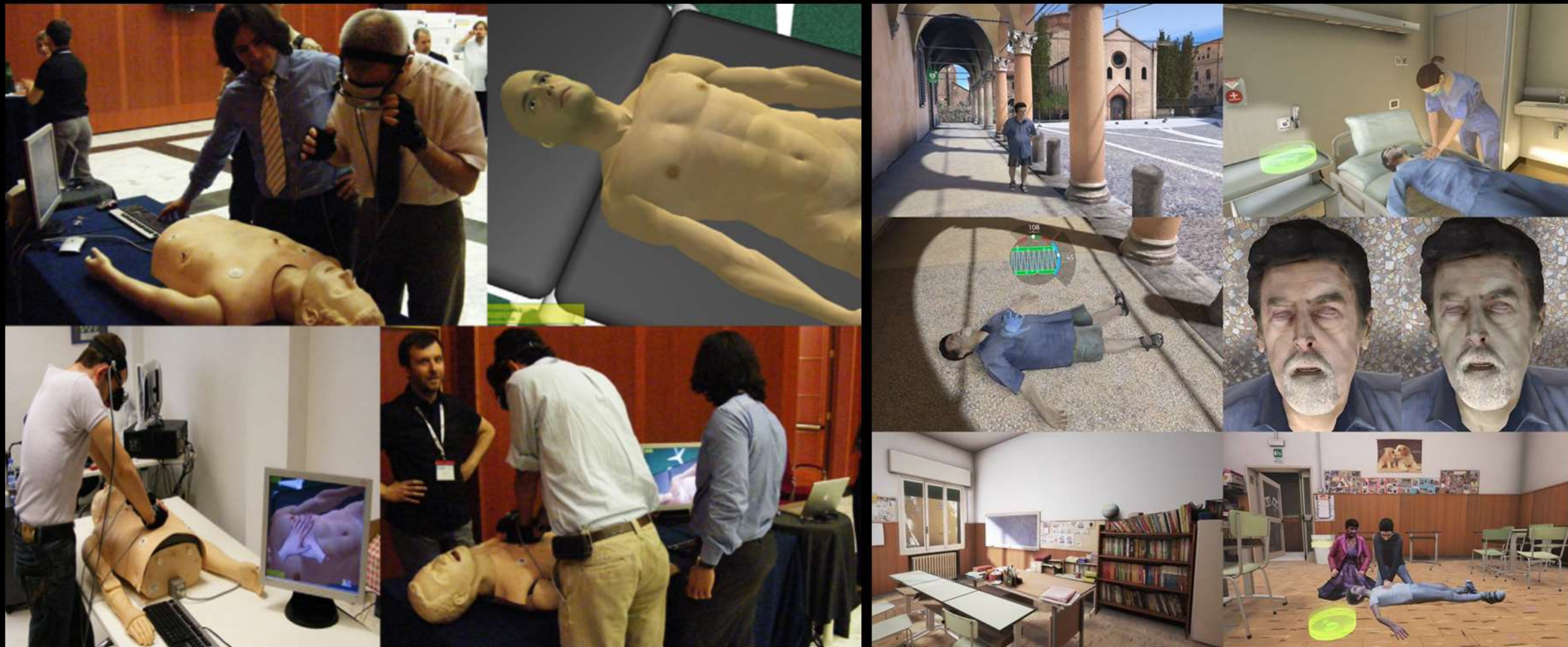
## Virtual Reality for CPR training: How cool is that? Dedicated to the “next generation”

Do you believe virtual reality could work better with some target groups?



Virtual Reality for CPR training: How cool is that? Dedicated to the "next generation".  
Semeraro F, Scapigliati A, Ristagno G et al. Resuscitation. 2017 Dec;121:e1-e2

# Ten Years Challenge! #TenYearsChallenge #TenYearChallenge #TenYears



#VirtuReality #VRCPR #SchoolOfCPR #VREM #Relive #IRC





## The Lord of the Rings: The Fellowship of the ERC



**Giuseppe (Frodo) Ristagno, Andrea (Aragorn) Scapigliati & Federico (Legolas) Semeraro**





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# Studio Evil VR Development



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## VR CPR HTC Vive for Training Center



# VR CPR for HTC Vive Personal Edition



[https://store.steampowered.com/app/1023940/VRCPR\\_Personal\\_Edition/](https://store.steampowered.com/app/1023940/VRCPR_Personal_Edition/)

# VR CPR Oculus Go School of CPR



# Virtual Reality CPR Italian Resuscitation Council

**Arresto cardiaco adulto  
Extraospedaliero**

**RCP con sole compressioni e  
DAE**

**Location: Piazza Santo Stefano**



# Virtual Reality CPR Italian Resuscitation Council

**Arresto cardiaco adulto  
Intraospedaliero**

**Basic Life Support Defibrillation (BLS-  
D)**



# Virtual Reality CPR Italian Resuscitation Council

**Arresto cardiaco Pediatrico  
Extraospedaliero**

**Pediatric  
Basic Life Support Defibrillation  
(PBLS)**

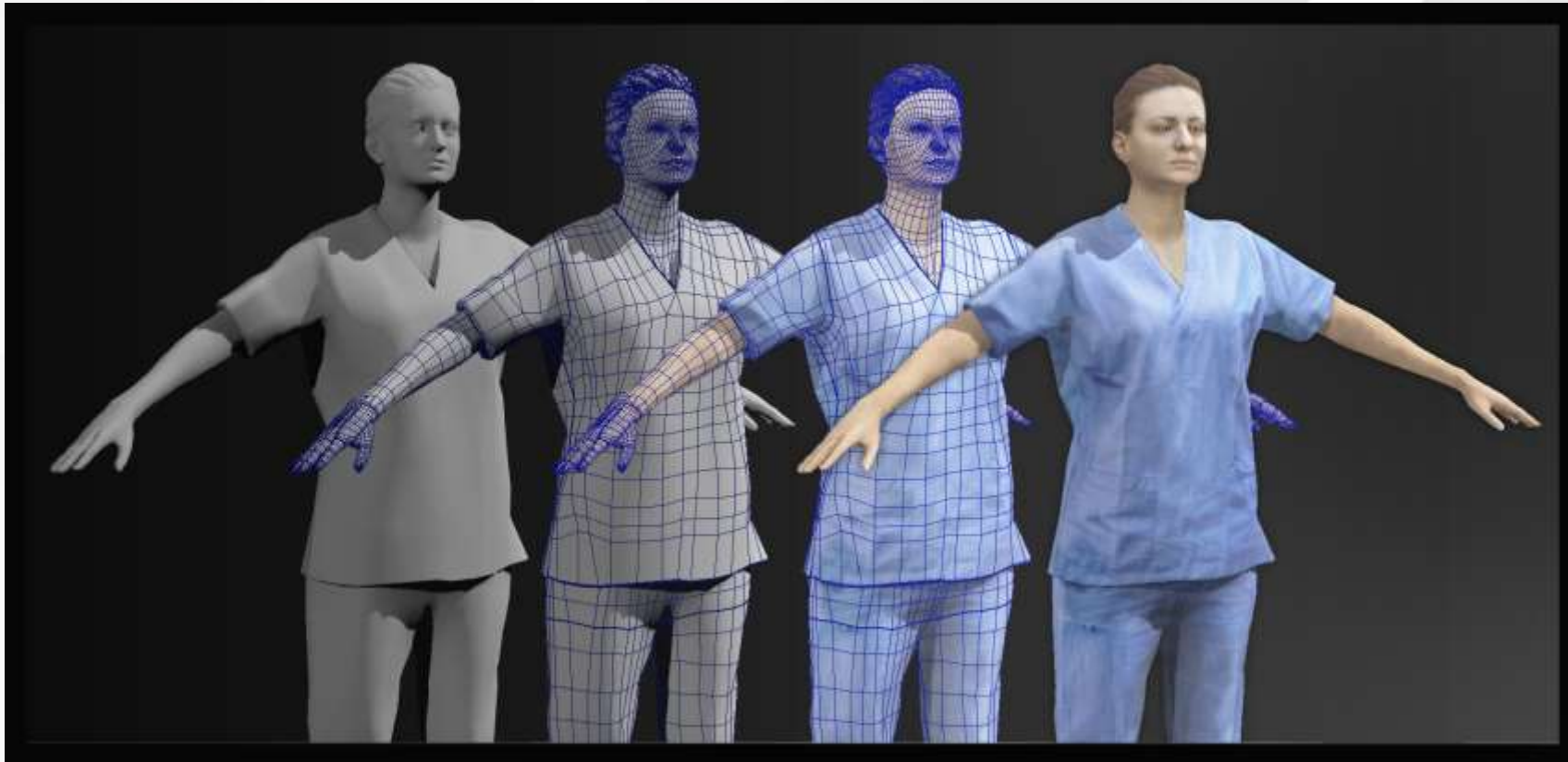






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RISPOSTE E ADATTAMENTI  
POST-LOCKDOWN

# Virtual Reality CPR Italian Resuscitation Council

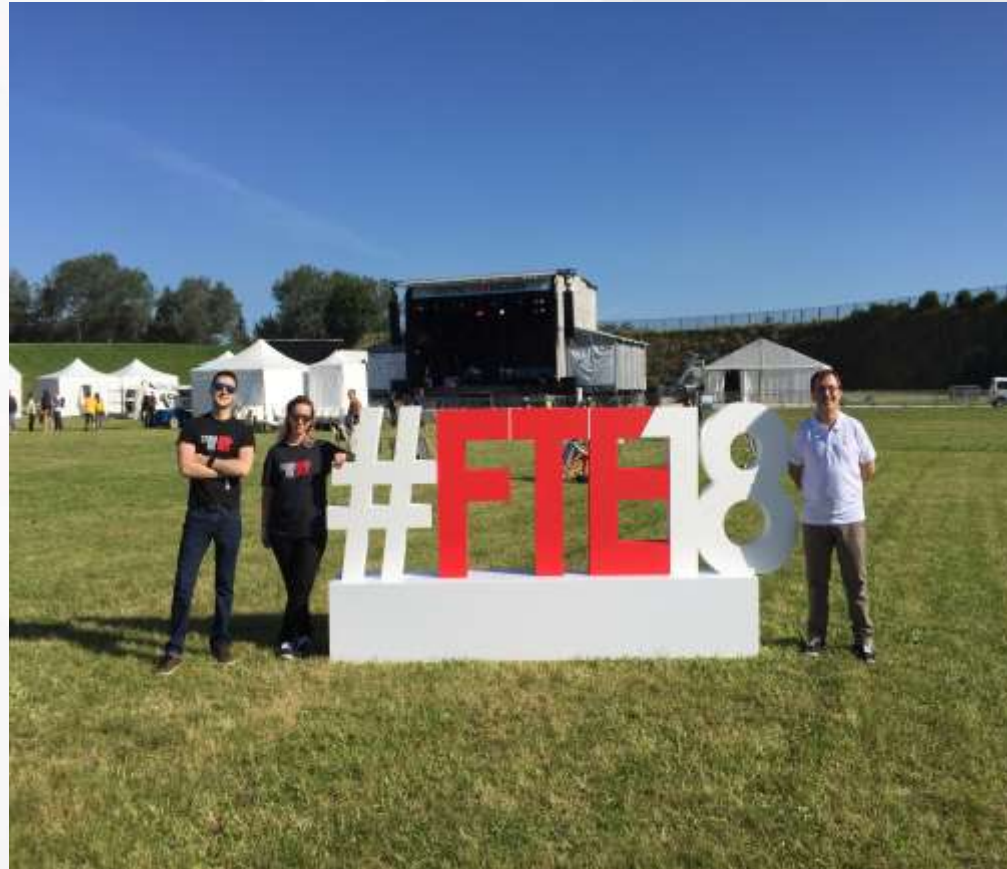


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Resuscitation  
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# Virtual Reality CPR Italian Resuscitation Council



# Festival Tous Engagés #FTE18 Testing in Real life



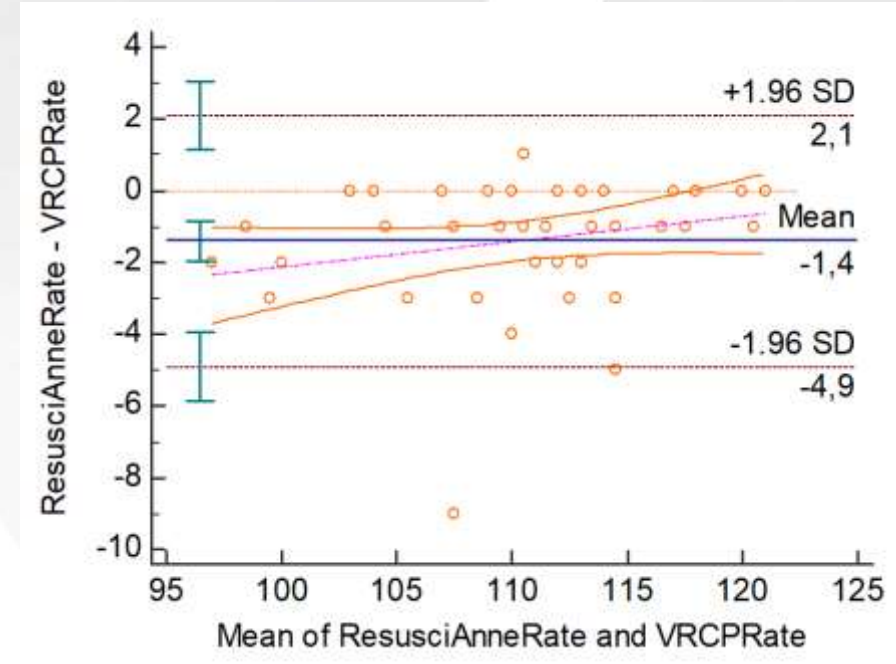
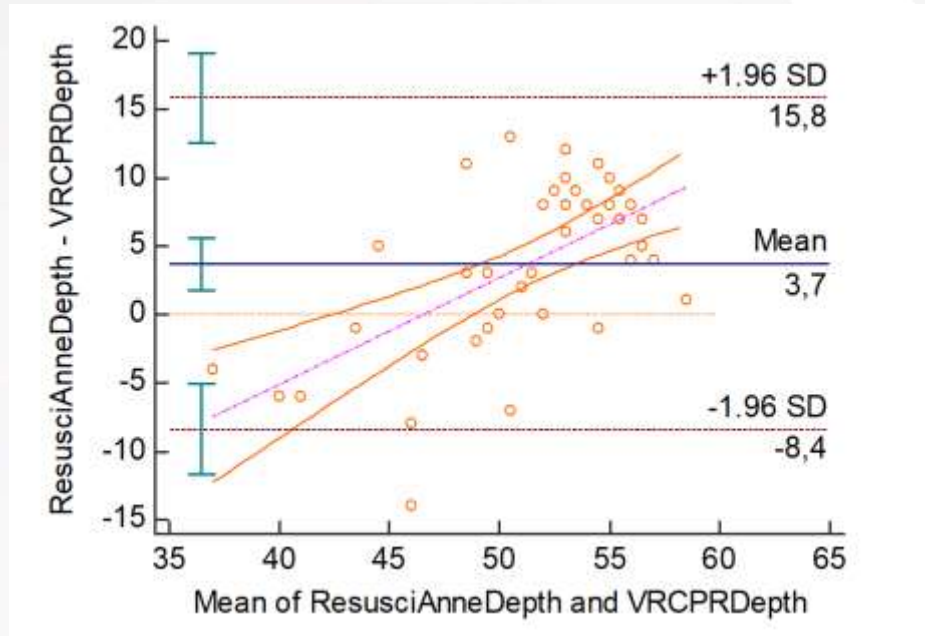
## University of Bologna Medical Students Testing in Real life



- The VR CPR was tested in 43 users.
- Medical students at first year of medicine and surgery degree.
- All students were ERC BLS provider from 2018.
- The sample consisted of 25 (58%) male and 18 (42%) women
- Average age of  $21 \pm 3$  years and BMI  $22 \pm 2$ .

Virtual reality cardiopulmonary resuscitation (CPR): Comparison with a standard CPR training mannequin.  
Semeraro F et al. Resuscitation. 2019 Feb;135:234-235.

# University of Bologna Medical Students Testing in Real life



**The Bland–Altman plot of chest compression depth and chest compression rate (Resusci Anne vs. VR CPR) in the 43 students performance of 120 s chest compressions only-CPR.**

Virtual reality cardiopulmonary resuscitation (CPR): Comparison with a standard CPR training mannequin.  
Semeraro F et al. Resuscitation. 2019 Feb;135:234-235.

# BLS VRQ Pilot Course



## Programma

- 8.00-8.15 Presentazione del Corso
- 8.15-8.45 Lezione BLS e defibrillazione
- 8.45-9.00 Dimostrazione BLSD e Quality CPR
- 9.00-9.20 Valutazione Q-CPR
- 9.00-10.20 Gruppi (Quality CPR & Virtual Reality)
- 10.20-10.40 Pausa
- 10.40-13.00 Gruppi (Quality CPR & Virtual Reality)
- 12.40-13.00 Valutazione Q-CPR
- 13.00-13.15 Chiusura Corso

# BLS VRQ Pilot Course



# BLS VRQ Pilot Course





# BLS VRQ Pilot Course



# Back to reality: a new blended pilot course of BLS with VR



**Table 1 – VR experience evaluation. Participants' feedback on VR experience. Participants rated the following statements using a 7-point Likert scale (1 = completely disagree, 7 = completely agree).**

	N	Yes	No
1. Did you have any previous experience of Virtual Reality?	22	4	18
	n	Median	[range]
2. It is very difficult to wear and use the VR setup	22	1	[1-7]
3. It is difficult to perform chest compression with the use of VR setup	22	2	[1-7]
4. I have the feeling that the patient is really present in front of me	22	7	[5-7]
5. The patient presents the classical signs of cardiac arrest (unconscious, gasping, pale skin, etc)	22	7	[6-7]
6. I have the impression to be in the real Bologna square and/or in a real hospital	22	7	[4-7]
7. The environment of the Santo Stefano Square is very realistic	22	7	[5-7]
8. The perception of the three-dimensional space is very high	22	7	[6-7]
9. The interaction with the patient is very realistic	22	7	[5-7]
10. The feeling of personal involvement in the resuscitation procedure is high	22	7	[5-7]
11. The feedback received from VR CPR on my chest compression performance during the 2 minutes of CPR is clear	22	7	[3-7]
12. VR CPR helps me to perform a chest compression rate between 100 and 120 compressions per minute	22	7	[5-7]
13. VR CPR helps me to perform a chest compression depth between 50 and 60 millimeters	22	7	[4-7]
14. I feel emotionally more involved when experiencing VR CPR training in comparison to the standard CPR manikin training	22	7	[6-7]
15. I agree Virtual Reality will improve the results of CPR Training in the near future	22	7	[4-7]
	N	Yes	No
16. Do you think that VR CPR should be implemented to improve effectiveness of healthcare personnel training?	22	22	0

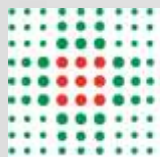
Back to reality: A new blended pilot course of Basic Life Support with Virtual Reality.  
Semeraro F et al. Resuscitation. 2019 May;138:18-19.

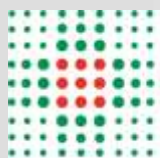
- BLS VRQ 2022
- VR CPR smartphones “KIDS SAVE LIVES” 2022
- Research on virtual reality training vs standard training
- VR CPR for Oculus Quest 2 - Fundraising
- Metaverse Facebook

Don't  
**FEAR** the future!  
**PLAN** for it!



# «VR Apps for KIDS SAVE LIVES»





SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Azienda Unità Sanitaria Locale di Bologna

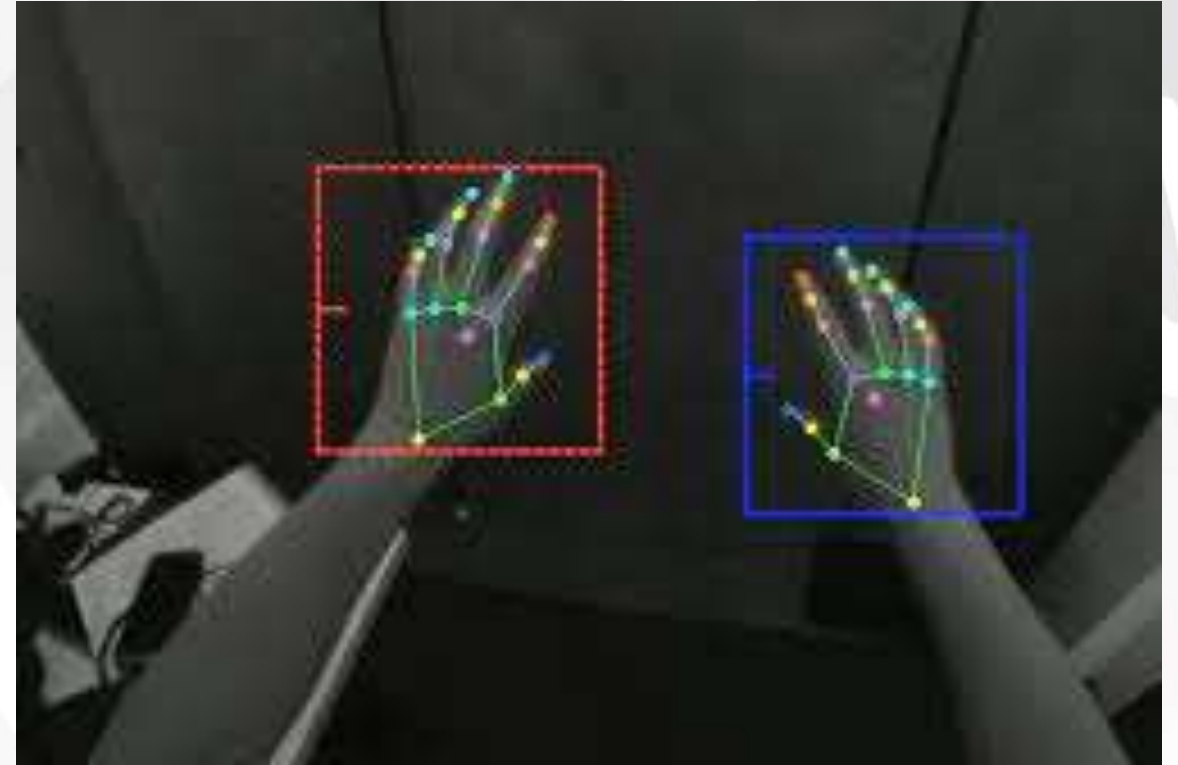


FONDAZIONE  
DEL  
MONTE  
1473



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# Oculus Quest 2



# Metaverse Facebook



