

IRC 2021

CONGRESSO
NAZIONALE

16•17•18 DICEMBRE

NUOVE LINEE GUIDA 2021:
RIANIMAZIONE CARDIOPOLMONARE
POST-LOCKDOWN



Italian
Resuscitation
Council



OSTRUZIONE VIE AEREE

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BASIC LIFE SUPPORT STEP-BY-STEP

SEQUENCE/ACTION	TECHNICAL DESCRIPTION
SAFETY 	<ul style="list-style-type: none"> • Make sure that you, the victim and any bystanders are safe
RESPONSE Check for a response 	<ul style="list-style-type: none"> • Shake the victim gently by the shoulders and ask loudly: "Are you all right?"
AIRWAY Open the airway 	<ul style="list-style-type: none"> • If there is no response, position the victim on their back • With your hand on the forehead and your fingertips under the point of the chin, gently tilt the victim's head backwards, lifting the chin to open the airway
BREATHING Look, listen and feel for breathing 	<ul style="list-style-type: none"> • Look, listen and feel for breathing for no more than 10 seconds • A victim who is barely breathing, or taking infrequent, slow and noisy gasps, is not breathing normally
ABSENT OR ABNORMAL BREATHING Alert emergency services 	<ul style="list-style-type: none"> • If breathing is absent or abnormal, ask a helper to call the emergency services or call them yourself • Stay with the victim if possible • Activate the speaker function or hands-free option on the telephone so that you can start CPR whilst talking to the dispatcher
SEND FOR AED Send someone to get an AED 	<ul style="list-style-type: none"> • Send someone to find and bring back an AED if available • If you are on your own, DO NOT leave the victim, but start CPR
CIRCULATION Start chest compressions 	<ul style="list-style-type: none"> • Kneel by the side of the victim • Place the heel of one hand in the centre of the victim's chest - this is the lower half of the victim's breastbone (sternum) • Place the heel of your other hand on top of the first hand and interlock your fingers • Keep your arms straight • Position yourself vertically above the victim's chest and press down on the sternum at least 5 cm (but not more than 6 cm) • After each compression, release all the pressure on the chest without losing contact between your hands and the sternum • Repeat at a rate of 100-120 min-1

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FATTORI DI RISCHIO

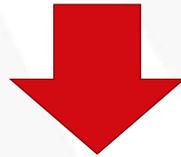
- FARMACI PSICOTROPI
- INTOSSICAZIONI DA ALCOOL
- CONDIZIONI NEUROLOGICHE ASSOCIATE A DEFICIT DELLA DEGLUTIZIONE
- DEFICIT COGNITIVI
- DISABILITA' DELLO SVILUPPO
- ETA' AVANZATA O PEDIATRICA

OSTRUZIONE DELLE VIE AEREE

RICONOSCIMENTO

**DIFFICOLTA' RESPIRATORIA
CIANOSI
PERDITA DI COSCIENZA**

DIAGNOSI DIFFERENZIALE

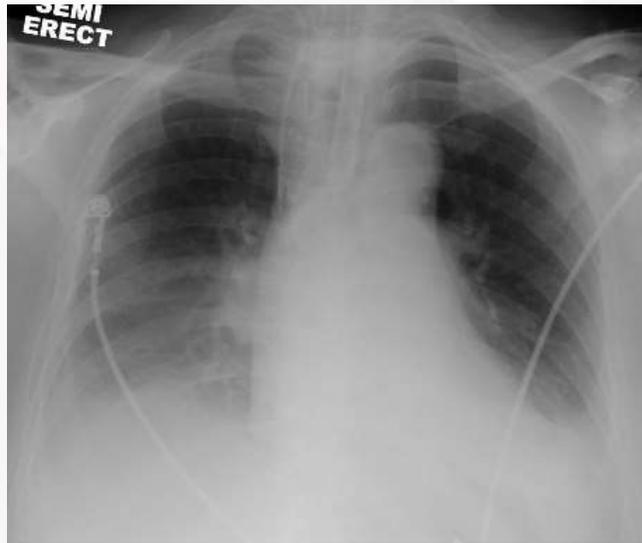


**SINCOPE
INFARTO DEL MIOCARDIO
CONVULSIONI**

Cardiac Arrest Following Foreign-Body Aspiration

Sally Cheukying Wong MB/BChir and Syed Mohammad Tariq FRCP

Resp Care 2011 Apr;56(4):527-9.



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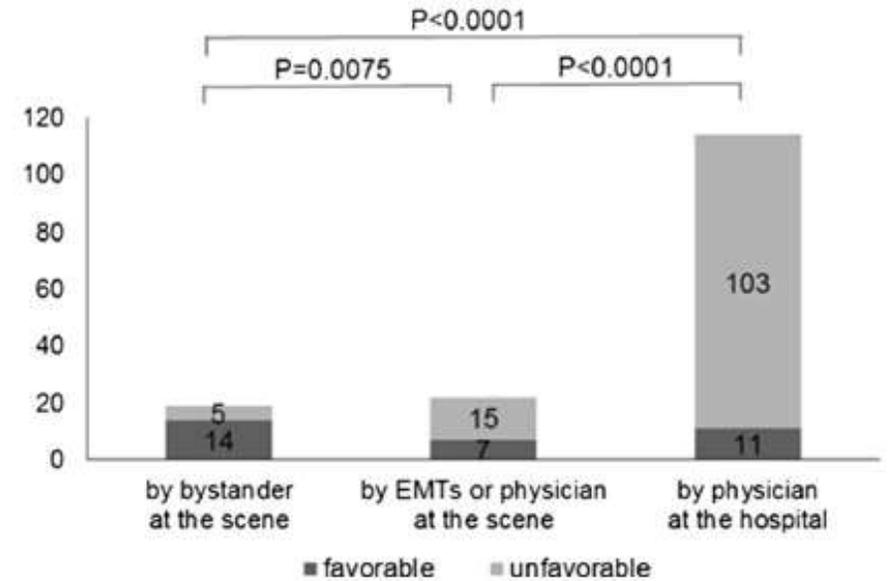


Prehospital removal improves neurological outcomes in elderly patient with foreign body airway obstruction

Yutaka Igarashi, M.D., Ph.D. *, Shoji Yokobori, M.D., Ph.D., Yudai Yoshino, M.D., Tomohiko Masuno, M.D., Ph.D., Masato Miyauchi, M.D., Ph.D., Hiroyuki Yokota, M.D., Ph.D.

Department of Emergency and Critical Care Medicine, Nippon Medical School, 1-1-5 Sendagi, Bunkyo-ku, Tokyo 113-8603, Japan

Am J Emerg Med 2017; 35(10): 1396-1399



PAZIENTE COSCIENTE CON OSTRUZIONE DELLE VIE AEREE



TOSSE

TOSSE INEFFICACE O SEGNI DI AFFATICAMENTO



50%
Più manovre

PAZIENTE INCOSCIENTE CON OSTRUZIONE DELLE VIE AEREE



OSTRUZIONE DELLE VIE AEREE TECNICHE ALTERNATIVE



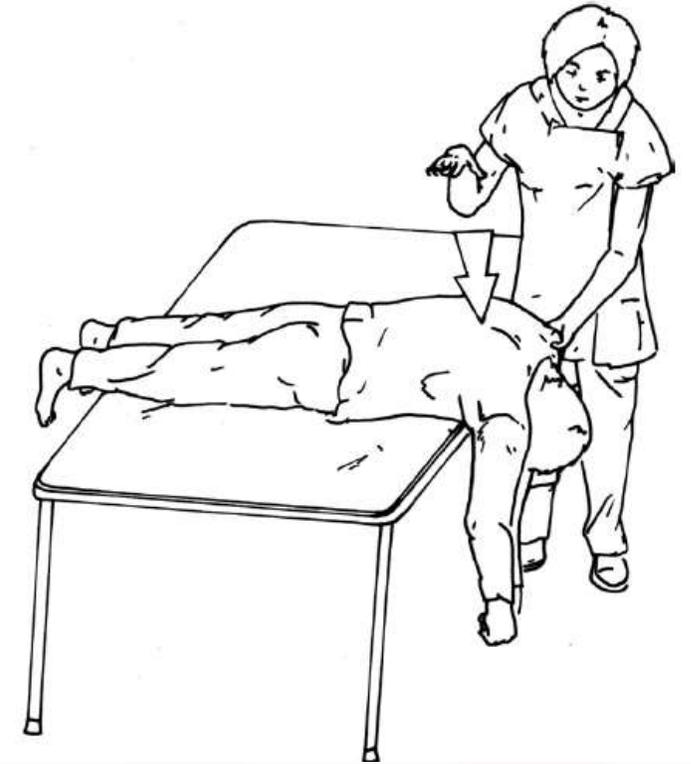
OSTRUZIONE DELLE VIE AEREE TECNICHE ALTERNATIVE

THE AMERICAN
JOURNAL of
MEDICINE®

The Table Maneuver: A Procedure Used with Success in Four Cases of Unconscious Choking Older Subjects

Hubert Blain, MD, PhD,^a Mireille Bonnafous, RN,^b Nicolas Grovalet, MD,^b Olivier Jonquet, MD, PhD,^c Michel David, MD^{b,d}

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OSTRUZIONE DELLE VIE AEREE RIASSUMENDO

- DIAGNOSI DIFFERENZIALE
- OSTRUZIONE DELLE VIE AEREE NEL PAZIENTE COSCIENTE
- OSTRUZIONE DELLE VIE AEREE NEL PAZIENTE INCOSCIENTE
- TECNICHE ALTERNATIVE



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GRAZIE

Italian Resuscitation Council

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